

OTTAWA



Thursday, December 9, 2010
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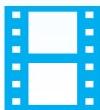
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JACK SPARROW
MARAUDS IN 3-D
AN EXCLUSIVE FIRST
LOOK {page 21}

GIFTS FOR ANYONE ON
YOUR LIST
CHECK OUT THE GUIDE
{page 31-41}



O: NO! WINFREY SETS THE RECORD STRAIGHT {page 22}



OTTAWA

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Thursday, December 9, 2010
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News worth sharing.

Nativity. Scene



► Joey Tremblay, left, and Michael Spencer-Davis play two hungry coyotes on the hunt for a good meal in *Nativity*, a holiday comedy with a new take on the very first Christmas.

TRACEY TONG/METRO

It's a sign of the season

Nativity features 10 songs and pantomime, clowning, movement, choreography and humour. It previews at the National Arts Centre tonight and opens tomorrow, running through Dec. 23.

Who rocked your 2010?

Vote for your newsmaker
of the year {page 3}

New to the driver's seat

Transit commission to steer
OC Transpo {page 3}

Accused appear in court

► Judge orders all three accused not to communicate with each other, and with six other people ► Funeral for slain Notre Dame High School student is today

TRACEY
TONG
@METRONEWS.CA

Three Ottawa men appeared in a downtown courtroom yesterday to face charges in connection with the slaying of a 16-year-old boy earlier this week.

Abdulhamid Wehbe, 20, who is charged with second-degree murder in the city's 10th homicide of the year, and Zakaria Dourhnou, 18, and Khaled Wehbe, 19, both charged with accessory after the fact, made separate brief court appearances. Each of the men wore a blue jail jumpsuit.

Abdulhamid Wehbe appeared first. He had short-cropped hair, tidy facial hair and kept his hands behind his back. He didn't speak, except to say his name and acknowledge that he understood Justice of the Peace Brian Mackey.

His next appearance is by video remand on Dec. 17.

Khaled Wehbe looked around the courtroom, where several family mem-

bers and friends sat during the brief appearances, and briefly adjusted the buttons on his jumpsuit. Dourhnou had thick, short black hair, the top buttons undone on his jumpsuit and kept his hands folded in front of him during his appearance. Their next appearances are by video remand on Dec. 14.

The judge issued a non-communication order, forbidding the accused to speak with each other, and with six other people, who he had named.

Just before 10:30 a.m. on Monday, the body of Yazdan Ghasvand Ghiasi was found on Booth Street. Witnesses reported hearing two gunshots and saw a male being dumped from a car.

An autopsy Tuesday confirmed Ghiasi, a student at Notre Dame High School, died from a gunshot wound.

In shock after the incident, students at Ghiasi's school told Metro they were grieving together, and have a memorial set up in their classmate's honour.

The funeral for Ghiasi will be held at the Ottawa Mosque at 10 a.m. today.

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Metro. Newsmaker of the year

Who is your Ottawa newsmaker of the year?

The year's just wrapping up. How will you remember 2010? Will it be the year that **Larry O'Brien** stepped aside for **Jim Watson** at city hall? Or the year that shocked the world when a military colonel was convicted for two

murders and a series of break-and-enters?

Let us know who your Ottawa newsmaker of the year is. Who do you think had the most profound impact on the city in 2010?

Was it the new face at Rideau Hall, **Gov. Gen. David Johnston**, or celebrity newlyweds Ottawa Senator

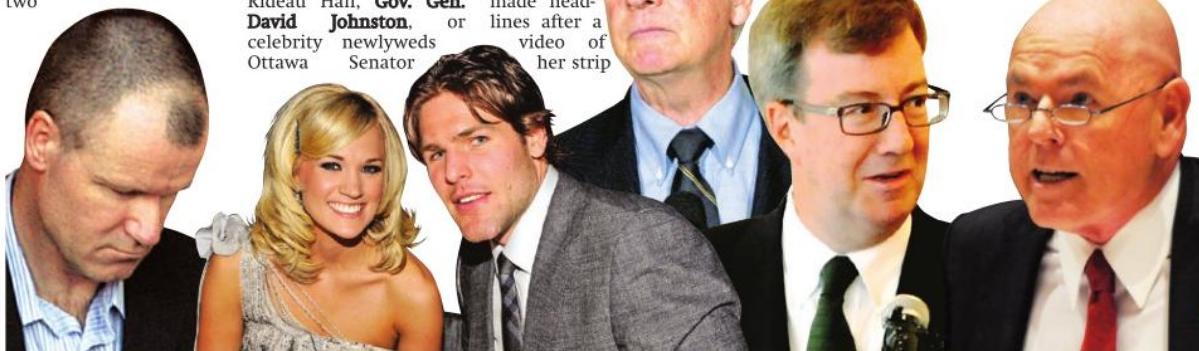
Mike Fisher and his bride, country superstar **Carrie Underwood**?

Maybe it wasn't a celebrity at all. Maybe it was **Stacy Bonds**, who made headlines after a video of her strip

search by Ottawa police was released, leading to an investigation by the province's Special Investigations Unit.

Maybe your Ottawa newsmaker of the year

was someone else. Tell us who rocked your world in 2010 and why, by emailing [tracey.tong@metronews.ca](#) or on Twitter [@metrotoronto](#). Voting ends Dec. 14.



1

news



With Arcade Fire topping charts and packing MSG, is it time to retire 'Indie'? Scan code for story.

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3 The codes will direct your mobile browser to relevant content at [m.metronews.ca](#)

On the web at [metronews.ca](#)

New commission to oversee transit

- Eight councillors and four appointed citizens will steer OC Transpo
- Councillors also voted to post their expenses online starting in early 2011



STEVE COLLINS

OTTAWA@METRONEWS.CA

Council has voted to create a new transit commission, composed of councillors and members of the public, to oversee OC Transpo.

The commission will take over from council's transit committee. The citizen members, staff said, would be chosen for their expertise or special interest in transit. The

new body is not expected to incur any new costs.

"It's not my intention to set up another bureaucracy," said Mayor Jim Watson at the first meeting of the new council yesterday. "It's to try to streamline the bureaucracy and allow the public a say in their transit system."

Innes Coun. Rainer Bloess opposed the change, which he said would give delegates too much council control over matters like route cuts.

"The real issue is councillors were elected to oversee the operation of the city. That includes OC Transpo. Creating an arms-length creature really doesn't achieve the accountability that this council needs to exercise over what is, essentially, financially the largest operation that the city has."

INNES COUN. RAINER BLOESS

we were elected to oversee OC Transpo."

The meeting, though, was mostly uncontroversial, and Watson said that he was pleased with its overall tone.

"One of the things that I'm very proud of is that there is a spirit of co-operation with the new council," he said. "We want to get it right. We saw the last four years and I think the public sent a message to us: Work well together."

A freed Canadian hostage recounts his captivity in Nigeria. Video at [metronews.ca](#).



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News in brief**Boy succumbs to crash injuries**

COLLISION. A seven-year-old boy who suffered life-threatening injuries in a Gatineau crash Tuesday has died from his injuries. The collision occurred at 7:42 a.m. when a car, in which the boy was a passenger, and a truck collided. The boy was unconscious at the scene and had to be extricated by firefighters.

• TRACEY TONG

Welding sparks highrise fire

DAMAGES. A fire at a high-rise apartment building in Centretown caused about \$50,000 in damages yesterday after sparks from a welder started a fire in ventilation shaft. Thirty-nine firefighters fought the blaze at 464 Metcalfe St., which spread to insulation in the basement and activated the sprinklers. • TRACEY TONG

Chimney fire damages home

BLAZE. A chimney fire that spread to an attic caused \$50,000 in damages to a home at 182 Spruce Ridge Rd. yesterday. More than 40 firefighters with 15 vehicles made an aggressive interior attack to control the fire. There were no injuries. • TRACEY TONG

Molten glass springs leak

HEAT. Fire crews were at 3985 Belgreen Dr. yesterday after molten glass leaked from a large vessel. Nearly a dozen fire trucks and 54 firefighters were called to the scene to control the flow of melted glass and cool the vat. • JOE LOFARO

Cops ready for holiday R.I.D.E.

SAFETY. R.I.D.E. programs will ensure city streets are safer this holiday season. Ottawa police will be on the lookout for impaired drivers on Dec. 10, 11, 17 and 18. • JOE LOFARO

Robinson. Design



► Patricia Chartrand, 20, left, and Marjolaine Bourdeau, 19, both Richard Robinson Academy of Fashion Design students, show off their winter coat creations yesterday.

JOE LOFARO/FOR METRO

Facing the cold in style

The Richard Robinson Academy of Fashion Design showcased several original winter coats designed by the fashion school's latest graduating class yesterday. The show at the Richard Robinson boutique highlighted colour and style trends with students' original creations for the winter season.

Son accused in crossbow death appears in court

► Victim had two domestic violence convictions involving his family

An Ottawa man accused of shooting and killing his father with a crossbow made a brief appearance in a Toronto court yesterday.

Zhou Fang is charged with first-degree murder in the death of 52-year-old Si Cheng, who was fatally

shot in a crowded branch of the Toronto library last Thursday. Fang was arrested blocks away. The 24-year-old, who appeared in court via video, was remanded into custody until his next court appearance Dec. 22. THE CANADIAN PRESS

Ottawa sees condo boom

3/4 Condos represented about three-quarters of the new starts in the region, the report said.

Condos are the driving force behind Ottawa's new construction activities, according to a report from the Canada Mortgage and Housing Corporation.

Total housing starts in the National Capital Region rose to 928 in November — an increase of 39 per cent from the same time

last year.

"There were 347 condominium starts in November, which is the second highest monthly number of apartment units built in Ottawa since 2001," said CMHC senior market analyst Sandra Perez Torres.

• JOE LOFARO

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06

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THURSDAY, DECEMBER 9, 2010



► Gov. Gen. David Johnston, right, listens to Brooke Hagerman, 11, share her stories about volunteering at Waupoos Family Farm yesterday during a panel discussion on volunteerism in Canada at the Canadian Museum of Nature.

Volunteers put heads together

► Canada's voluntary sector is second largest in the world, yet many volunteers unsatisfied: Study



JOE LOFARO
OTTAWA@METRONEWS.CA

Individuals representing families, youth, baby boomers and corporations joined the Gov. Gen. David Johnston in a discussion on volunteering in Canada — which focused on youth participation — in Ottawa yesterday.

"Youth are not a homogeneous group," said Lynne Lessard, a 20-year-old volunteer advocate, adding that young people have different interests and skills that organizations need to tap into to get them engaged.

She said one way to get youth more engaged is for organizations to simply ask them what they want to contribute and integrate it with their responsibilities.

Volunteer organizations would like to see more immigrants volunteering, too.

"Newcomers to Canada are the largest untapped resource for the volunteer market," said Omaima Faris, an immigrant and volunteer co-ordinator at the Ottawa Community Immigrant Services Organization.

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LEAKED FILES

Havoc on the web as WikiLeaks lovers fight back

Hackers rushed to the defence of WikiLeaks yesterday, launching attacks on MasterCard, Visa, Swedish prosecutors, a Swiss bank and others who have acted against the website and its jailed founder Julian Assange.

Internet "hacktivists" operating under the label Operation Payback claimed responsibility in a Twitter message for causing severe technological problems at the website for MasterCard.

MasterCard acknowledged "a service disruption."

But spokesperson James Issokson said consumers could still use their credit cards for secure transactions.

Later yesterday, Visa's website was inaccessible.

Meanwhile, Australia's foreign minister, Kevin Rudd, said: Don't blame WikiLeaks for the international fuss.

Rudd said the blame lies with the leaker and the U.S. government's failure to protect its secrets.

THE ASSOCIATED PRESS

Jail blaze kills 81: Were firefighters kept out?



► Relatives of prisoners at San Miguel prison weep and scream as the names of inmates are read out after the devastating blaze.

ALIOSHA MARQUEZ/THE ASSOCIATED PRESS

Jail police 'closed the gates to firemen'

Some relatives of inmates at Santiago's San Miguel prison told state TV that jail police initially closed the gates to fire-

fighters, impeding efforts to control the blaze.

"They wouldn't let the firefighters come in. The riot police came in first and began to beat us, and later the firefighters came in," a prisoner said in a call played on state TV. He didn't give his name, saying he feared retribution.

He said guards

"laughed and took photos with the cellphones of the inmates who were vomiting (from smoke) ... and didn't do anything."

But fire Chief Jose Sanchez denied firefighters were kept from entering. Guards "facilitated the firemen's entrance to the damaged area."

THE ASSOCIATED PRESS

Brawl between inmates sparked fire at overcrowded jail in Chile

A fire started during an inmate brawl swept through an overcrowded prison in Santiago, Chile, yesterday, killing at least 81 people and seriously injuring 14.

A prisoner using an illegal cellphone called state television pleading for help — and the screams of inmates briefly aired across Chile.

Hundreds of anxious and angry relatives of inmates gathered in a chaotic scene outside the prison gates.

It was supposed to be visitors' day at the prison, so many family members were already lining up outside when the fire broke out.

Their anxiety spilled over when they learned that prisoners were killed.

Some broke down in tears and screams, while others threw rocks at national prison police director Luis Masferrer as he read survivors' names over a megaphone.

The fire in San Miguel prison began during fighting between inmates and reached its maximum intensity in just three minutes, Interior Minister Rodrigo Hinzpeter said.

Investigator Alejandro Pena said preliminary re-



"The conditions that existed inside this prison are absolutely inhumane."

CHILEAN PRESIDENT SEBASTIAN PINERA

ports indicated the fire was set intentionally.

A fire department communiqué said the first firefighters arrived on the scene nine minutes after the initial alarm and found a violent fire spread over a large part of the fourth floor of Tower 5.

They cut through several locks, allowing them to save 60 inmates.

Officials had identified 31 of the victims by last night, with many of the bodies unrecognizable.

Officials said most will have to be identified by DNA.

Health Minister Jaime Manalich called it an "enormous calamity" and the worst in the history of Chile's prison system.

A fire in a northern prison killed 26 people in 2001. THE ASSOCIATED PRESS



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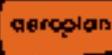
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MARK THE MOMENT



Facebook names newborn

Facebook users have selected "Melania" as the name of

a Toronto newborn in an online vote. Mom Rommy Alpinelli decided to leave it to chance or, rather, to Facebook users in the poll organized by Canadian site FabFind. The name received 2,860 votes. **THE CANADIAN PRESS**

Nobel snub brings heat on Serbia

► Bilateral relations with China take priority for Belgrade

Serbia's decision to boycott the Nobel Peace Prize ceremony honouring imprisoned Chinese dissident Liu Xiaobo triggered criticism yesterday from human rights activists and the European Union — which expressed shock that the candidate for EU entry would meet China's demands.

China has vilified the 54-year-old democracy advocate Liu, called the Nobel prize choice an effort by the West to contain its rise, disparaged his supporters as "clowns," and launched a campaign to persuade countries not to attend Friday's ceremony in Oslo.

Eighteen countries, including Serbia, Russia and

Pakistan, have turned down the Nobel committee's invitation to send representatives to the ceremony.

THE ASSOCIATED PRESS

Kosovo

Serbia fears its attendance could anger China, which has supported Belgrade in its opposition to Kosovar independence.

- **Majority** Some 70 nations, including the U.S. and most EU states, have recognized Kosovo's statehood.
- **Support** Russia and China have stood firm in supporting Serbia in its claim over the territory.



THE ASSOCIATED PRESS FILE

Train collision kills 19

A speeding train slammed into another moving slowly through a station in eastern Bangladesh yesterday, killing as many as 19 people and injuring scores more, according to officials and news reports.

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'We still learn so much from him today': Ono

In interview, Lennon mused he had 'plenty of time' to achieve goals, just days before being gunned down

John Lennon's fans celebrated his life yesterday by visiting Strawberry Fields, the Central Park garden dedicated in his honour, while a newly released interview he gave shortly before his death showed he was optimistic about his future.

On the 30th anniversary of Lennon's murder outside his Manhattan apartment building, admirers played his music nearby at Strawberry Fields and placed flowers on a mosaic named for his song Imagine.

The steady stream of visitors represented the range of people who love Lennon, from those who watched his career unfold as it happened to those who know only his music.

Father-daughter pair Paul DeLuca, 50, and Marissa DeLuca, 17, came from Boston to mark the day.

"I grew up with his voice," said Marissa DeLuca. "The Beatles are the soundtrack to my childhood."

In Liverpool, where Lennon was from, hundreds were expected to gather for a vigil yesterday around the Peace and Harmony sculpture, recently unveiled by Lennon's former wife, Cynthia, and their son Julian in Chavasse Park.

In the newly released interview, conducted just three days before he was gunned down, John Lennon complained about

"I've never claimed to have the answers to life. I only put out songs and answer questions as honestly as I can ... But I still believe in peace, love and understanding."

JOHN LENNON, FINAL INTERVIEW

his critics — saying they were just interested in "dead heroes."

The interview, believed to be his last print interview, was released yesterday to The Associated Press by Rolling Stone magazine, which uses the full interview for a story that will be on stands tomorrow.

While brief excerpts of Jonathan Cott's interview were released for a 1980 Rolling Stone cover story days after Lennon's death, this is the first time the entire interview has been published.

"His words are totally joyous and vibrant and hopeful and subversive and fearless," Cott told the AP on Tuesday. "He didn't mince words."

Yoko Ono released a statement Tuesday night in tribute to Lennon.

"On this tragic anniversary please join me in remembering John with deep love and respect," she said.

THE ASSOCIATED PRESS

MANITOBA

Polar bears feeling heat

Scientists say polar bear moms and their cubs near Churchill in northern Manitoba are suffering the worst effects of a late freeze-up of sea ice on Hudson Bay.

The bears are just now setting out for the sea ice they use as a hunting platform for seals, said University of Alberta researcher Andrew De-

rocher.

That's weeks later than usual — and comes on top of an early spring thaw that drove the bears off hunting ground nearly a month sooner than usual.

"This year's been pretty challenging on the population," said De-rocher from Inuvik, N.W.T. "Some of these bears have had a very long on-land period. A lot of the bears are just running out of steam."

Polar bears tend not to hunt during the summer, which they spend on land. They can burn up to a kilogram of fat a day as they wait to return to the sea ice. THE CANADIAN PRESS



▶ John Lennon fans mark the 30th anniversary of Lennon's death with a candlelit vigil at the city's European Peace Monument, dedicated to Lennon, in Liverpool, England, yesterday.

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Disfigured girl's in-law arrested

The father-in-law of a disfigured Afghan woman whose photo was featured on a Time magazine cover

has been arrested. A Taliban chief acting as a judge ordered the woman's nose and ears sliced off for fleeing her husband's home, said Time's story. Aisha said she fled to escape her in-laws' beatings and abuse.

THE ASSOCIATED PRESS

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Restraint blamed in jail death

► Guards' technique may have killed man, inquiry head says

The head of an inquiry into the jail cell death of a mentally ill Nova Scotia man has rejected a medical examiner's conclusion that Howard Hyde died of excited delirium, finding instead the death was caused by a struggle with jail guards.

Anne Derrick, the provincial court judge who led the 11-month fatality inquiry, released a final report yesterday that says the guards' restraint technique played a role in Hyde's accidental death on Nov. 22, 2007.

Derrick said Hyde, a 45-year-old musician diagnosed with schizophrenia in his 20s, was in the midst of a psychotic episode when he was forced to lie on his stomach with his hands be-



hind his back.

That position may have interfered with his ability to breathe.

"The only useful approach is to understand that Mr. Hyde died because of physiological changes in his body brought on by an intense struggle involving restraint," Derrick wrote.

"He did not die because he was mentally ill."

THE CANADIAN PRESS

Haiti. Thousands take to the streets



PAUL CHIASSON/THE CANADIAN PRESS

Flames of anger

The headquarters of Haiti's ruling party were set ablaze yesterday as protests over disputed presidential election results spread through the Haitian capital. Thousands took to the streets, furious that government-backed candidate Jude Celestin, the protégé of unpopular president René Preval, apparently will go to a run-off vote.

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Blair says he too misunderstood secret G20 law

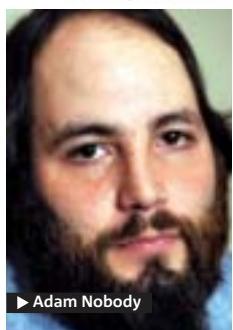
► McGuinty declines to offer a full apology for what ombudsman called a mass violation of civil rights

Toronto police Chief Bill Blair says his force has identified at least five officers involved in the controversial arrest of a man who suffered facial fractures at the G20 summit.

Blair said his force is doing everything it can to get to the truth, and if there is evidence of misconduct among his officers it will be dealt with.

The police chief has come under increasing fire in the wake of an investigation into the injuries sustained on June 26 by Adam Nobody, and a damning ombudsman report on the so-called secret G20 law.

Confusion surrounding



► Adam Nobody

the updated law led the public to believe police had the power to demand identification and detain people coming with five metres of the security

fence. In fact, the law only applied inside the fence.

Blair, speaking in Victoria yesterday, said he honestly believed, based on legal advice, that the law included the area five metres outside the fence.

He said when he found out the truth he immediately told his officers, but regrets not having told the public as well.

Earlier, Premier Dalton McGuinty said the Ontario government acted with "good intentions" but too much haste. "The police were given additional authority. We moved too quickly to provide that authority," McGuinty admitted. **THE CANADIAN PRESS**

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Helping. Hands

► About a thousand people joined hands yesterday for the Connect the Dots demonstration in Fredericton, N.B. The event, ending up at the New Brunswick legislature, was held to raise awareness of mental illness.

DAVID SMITH/THE CANADIAN PRESS

Showing support for mental illness

Canada at centre of child porn busts

► 25 Canadian men face 131 charges ► ‘The trading of these images will never go away,’ says T.O. cop

A worldwide child sex exploitation and image trading network has been shut down with the arrests of 57 men, including 25 in Canada, and seven in the GTA, police said yesterday.

The yearlong “Project Sanctuary” began with the arrest of a man in Conception Bay, N.L., last December after police intercepted images of child pornography during an online take-down involving a dozen police forces around the globe.

Investigators traced the images of 45 children, aged 4 to 15, which were produced and swapped on the Internet by men from across Canada.

The images were of boys and girls.

Some of the men arrested are not being identified because they are related to the victims.

“It’s terrible what these children go through,” said Toronto police Det. Paul Krawczyk of the sex crime unit at a news conference.

“When you look into the children’s eyes every day, how can you not go to every length to stop it?”

Following the arrest in Newfoundland, police forces throughout Canada, the U.S. and Europe worked together to track suspects in the network.

Krawczyk said those arrested were from all walks of life — one of the first arrested was an Anglican minister — and ranged in age from 20 to 68.

TORSTAR NEWS SERVICE

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January 12th to 16th, 2011	
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February 14th to 16th, 2011	
Full Waxing & Brazilian	2 day course, 9:30am - 3:30pm daily \$720
March 7th or 8th, 2011	
Brazilian Waxing Only	1 day course, 9:30am - 4:30pm \$465
March 14th to 17th & March 21st to 26th, 2011	
Advanced Techniques in Facial Skin Care	10 day course, 9:30am - 4:30pm \$3,345
April 4th to 5th, 2011	
Basic Manicurist	2 day course, 9:30am - 3:30pm \$445
April 11th to 12th, 2011	
Basic Pedicurist	2 day course, 9:30am - 3:30pm \$463
April 18th to 19th, 2011	
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NATIONAL SECURITY

Pilot gets \$319,000 in ruling

A refusal to provide pilot training for a Pakistani-born man considered a national-security threat has resulted in Bombardier Inc. being ordered to pay the man \$319,000 in penalties.

The company would not provide pilot training for Javed Latif, who was identified as a "threat to aviation or national security" by U.S. authorities.

The Quebec Human Rights Tribunal calls its ruling a historic one, given the context of post-9-11 security measures. "We're pretty thrilled with the decision," said Catherine McKenzie, a member of Latif's legal team. **THE CANADIAN PRESS**

Market moment

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StatsCan being unfair?

NDP: Few seconds enough time for a trader to make money with data

Industry Minister Tony Clement has called for a probe of Statistics Canada procedures after a report that paying clients got up to a 59-second head start on market-moving data.

"If the report is true, it would be a disturbing situation," Clement told reporters Tuesday. "I directed officials immediately to look into the situation, to give me the facts."

Earlier Bloomberg, one of the agency's 10 paying clients, reported Statistics Canada had stopped the practice on Nov. 25 after the news service informed

"My pledge to the people of Canada is that StatsCan should act in a fair manner." TONY CLEMENT

the federal agency that it could access data in advance of the official release.

A StatsCan spokesman blamed the problem on a programming glitch and said a preliminary inquiry has determined three of its secondary distributors had the ability to access the data in advance.

THE CANADIAN PRESS

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REVEALING THE EVIL SIDE OF JOURNALISM

He says ...

JOHN MAZEROLLE



As a mainstream media pawn, I'm often keeping government secrets, including the latest movements of the Taliban and how Ben Mulroney keeps his hair that way.

I'm kidding — or am I? — but when you work in journalism long enough, you learn many people are convinced you're part of some grand conspiracy theory. You also learn that many people apparently do jumping jacks in rooms with low ceilings.

For example, I once worked at a newspaper that was accused of reporting on a murder because it happened in a park where a natural gas line was being proposed. So, you see, we were trying to devalue the land in a bid to help

our corporate buddies get their gas line.

I wish we were that smart, truly. I also wish we had that level of super villainy. It would be a lot of fun, tenting our fingers and such. But I'm afraid the only thing that makes that even remotely like real journalism management is how inefficient it is.

Some people like to imagine the media as a shadowy collective that works in lockstep to undermine whatever beliefs they hold. It's not unusual to show up at an event with a notepad and have someone growl, "Are you the media?"

"Yes. I am the media. Well, me and Peter Mansbridge. We just

lunched. I'd love to talk, but there's a ribbon cutting in Regina, then I have an Ottawa meeting with the prime minister about what to make up this week."

I've been thinking about conspiracy theories because of the never-ending WikiLeaks story, which has taken secret U.S. documents, put them on the Internet, and resulted in a worldwide surge of Facebook status updates about "taking a WikiLeaks." And that's been the most interesting thing about it.

WikiLeaks underlines the big flaw of most conspiracy theories: A conspiracy requires people to keep their mouth shut. And peo-

ple don't. WikiLeaks hasn't revealed anything we didn't already know. It's been a bit like reading your daughter's diary and finding out she likes boys and "hates hates hates" you. Well, duh.

The lesson? There are no secrets. Everything is already out there, and the things that aren't get found out soon enough.

Frankly, if a journalist faces pressure from corporations or government about a story that could change lives, he will push past the oppression for one simple reason: He could win an award.

We are evil. Just not for the reasons you think.



Read more of John Mazerolle's columns at metroneWS.ca/hesays

Cartoon

MICHAEL DE ADDER



2011: Year of app threat

Worth mentioning

Want to scam someone on a smartphone or tablet computer? There's probably going to be an app for that.

The exploding popularity of mobile devices and their many software applications is already being exploited by those out to steal personal information.

"We think 2011 is the year of the threat to the mobile device, particularly the mobile app," said Dave DeWalt, chief executive of McAfee Inc. security software.

There are about 20 new computer tablets coming out, "tons" of new smart devices and literally hun-

Surfing scams



dreds of thousands of applications being developed for them, DeWalt said.

"There's an ecosystem of application developers who are building applications with the sole purpose of downloading to a mobile environment, making it very viral and then actually stealing from you," he said.

Next year, it's expected there will be more consumer warnings and research into these kinds of threats, DeWalt said.

Games are particularly vulnerable to malware because they are the most shared, social-network oriented and players enter personal information on their sites.

THE CANADIAN PRESS

What do you think about Don Cherry getting involved in politics?

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Metro Minute at Originals craft show

This week's goal: To finish off your entire Christmas shopping list under one roof. And with more than 200 artists, artisans and designers featured at the Originals Ottawa Christmas Craft Show at Lansdowne Park, that goal is entirely doable.

The juried show, which starts today and runs through Sunday, Dec. 19, features one-of-a-kind gift

items, clothes, jewelry, gourmet food, home decor, toys, and more. The show runs from 11 a.m. to 9 p.m. on weekdays and 10 a.m. to 6 p.m. on weekends, and includes special event days, including student discount days, stroll and shop days for moms with strollers, and a fundraising drive for the Children's Hospital of Eastern Ontario.

• TRACEY TONG



► Pottery by Wai Lau Kwok will be among the items featured at the Originals Ottawa Christmas Craft Show.

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News in brief



You know it's New Year's Eve when the Snooki drops — or at least you will this year.

MTV says it plans to put Jersey Shore star Nicole "Snooki" Polizzi inside a ball that drops in New York's Times Square to ring in 2011 as part of its MTV New Year's Bash special.

The network says other stars from its hit reality show Jersey Shore will lead the crowd in a collective fist pump in hopes of breaking the Guinness world record.

THE ASSOCIATED PRESS



Santa Claus just wants a beer: George Wendt slips into the red suit again for musical Elf

► It's the holidays and you're staring down your gift list when it dawns on you: TV! ◉ We all have a die-hard fan of one show or another to buy for, so go for the easy-peasy with a screen-inspired gift ◉ Here are some suggestions for fans of four shows

Gift ideas for the TV lovers in your life

**MAD MEN**

Bruce, smokes, adultery. Nothing says the holidays like the '60s ad agency megahit on AMC.

- You heard about it on the show, now read it for yourself: Sterling's Gold: Wit & Wisdom of an Ad Man, observations from Roger Sterling Jr. It's a fresh offering that Grove Press published under the character's name. A Sterling pearl: "When a man gets to a point in his life when his name's on the building, he can get an unnatural sense of entitlement."
- There's also the stylish Mad Men: The Illustrated World by Dyna Moe from Penguin imprint Perigee Trade. Tips for the perfect bouffant, paper dolls that include Joan, hangover remedies, inside jokes. Great for the coffee table.
- For him: Sterling silver tie bar by David Donahue at Nordstrom. Narrow with etched stripes on the front.
- For her: The gold ruby glass Art Deco beverage set with roly-poly glasses at Retroartglass.com, or choose your own '60s-inspired martini set on eBay.

**GLEE**

For your favourite Gleek – because excess is important.

- Glee Karaoke Revolution for Wii. Sing your faves from the first season, perform with characters from the show, compete against friends, but don't forget the add-on: the Wii Karaoke Microphone.
- The cast has a new Christmas album, Glee, the Music, the Christmas Album, ahead of the second season's special for the holidays to air Dec. 7. Twelve mostly classic holiday nutes in all, including K.D. Lang channelling Dr. Seuss for You're a Mean One, Mr. Grinch.
- There's a licensed clothing line, from T-shirts to trackuits, sold exclusively at Macy's, but why not wing it with a fun outfit for your fan – inspired by but not branded for the Fox smash.
- Claire's began selling Glee accessories in September for younger fans. Choose from necklaces, bracelets, rings, earrings, hats, cosmetics, legwear, bags (there's one that says Kiss My Glee), wallets and paper goods. Tons more available elsewhere.

**SPONGEBOB SQUAREPANTS**

The world's most popular sea sponge and his Bikini Bottom underworld are tailor-made for the holidays.

- If your little one can stomach a little real life (sometimes bad things happen to good animals), then wrap up the DVD of Oceans from Disneynature. The follow-up to Earth came out this year and is a visual celebration of sea creatures and their life cycles. Rated G.
- Natural sea sponges can be had in many shapes and sizes. Order some from Naturalbathandbodyshop.com and combine in a gift box full of fresh paints in sea tones and a roll of heavy paper for art projects. The site sells natural sponges that look like fingers, elephant ears and undersea vases.
- Mr. SquarePants is a merchandising machine, so there's no end of books, games, toys, sports gear and home decor available. Looking for something inspired by but not emblazoned with SpongeBob? Try Suzy Lee's wordless Wave, a lovely picture book about a girl on a beach first out in 2008.

**DANCING WITH THE STARS**

Twelve seasons later, this glitz competition is going strong. You're never too young or old to feel the beat, or trash celebs.

- Toning your tush to the tango might be just the ticket for the holidays. There are plenty of DWTS-inspired workouts on DVD. Watch for Dancing With the Stars: Ballroom Buns & Abs, featuring fitness pros Chelsie, Edyta and Kym. They promise sexy dancer curves in three workouts.
- Grab the hubs and go for Samba lessons. He'll groan but they're paid for already.
- For kid fans, Dance Star Mickey by Fisher-Price is catching some buzz for the holidays. This mighty animatronic robot mouse has different moves for different grooves. He walks, he talks, he tells jokes, he moonwalks. Just press his foot and away he goes.
- Treat a teen to some leg warmers, from chunky cables in wool to lighter-weight versions made for actual dancers in stripes or warm pink. THE ASSOCIATED PRESS



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Pirates. First Look



► Captain Jack Sparrow (Johnny Depp) escapes the clutches of King George and his Royal Guards by leaping from carriage to carriage ... while they're still moving in a scene from the upcoming movie Pirates of the Caribbean: On Stranger Tides.

Captain Jack is coming back in 3-D

Fans of the Pirates of the Caribbean might have to wait until May 20, 2011 to see the fourth movie in the franchise, On Stranger Tides, but Metro has a Canadian print exclusive first look at a scene from the film. This will be the first movie in the franchise that will be released in 3-D. It also introduces a new villain, Blackbeard (Ian McShane) and a new love interest for Captain Jack, Angelica (Penelope Cruz).

Album reviews

A classic | Buy it |

Get the single | Borrow it | Don't bother



Daft Punk

Album: Tron: Legacy
Label: Walt Disney

No artist could fit a film better than Daft Punk with a sequel to Tron. Hiring an 85-piece orchestra to help out, they've defied most expectations as Tron: Legacy

is more a true film score than a new Daft Punk album. As such, they've built a cinematic atmosphere, which unfortunately makes listening to it tricky without the revolutionary visuals. **Outstanding track:** Tron: Legacy (End Titles)

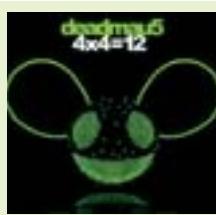


Duffy

Album: Endlessly
Label: Universal

Duffy sticks to her retro groove with a rhythm section provided by The Roots and music written by 66-year-old Hall of Fame songwriter Albert Hammond.

On a couple of tracks, like Lovestruck the squeaky Britpop singer drags herself from the mid-60s into the disco of the late 70s, complete with swirling violins. There are places on this CD where Duffy's nasally rasp is simply irritating.



Deadmau5

Album: 4x4=12
Label: Virgin/EMI

Deadmau5 might be an internationally acclaimed electro artist, but the noise maker is a born and bread Torontonian. Not that it matters, Joel Zimmerman,

as his family calls him, makes gripping dance-floor sounds that anyone, anywhere can enjoy. His latest is a compilation of loosely connected songs. They all feature some kind of heavy drum beat, and they're mostly devoid of vocals.



T.I.

Album: No Mercy
Label: Grand Hustle/Atlantic

Originally titled King Uncaged, T.I.'s delayed seventh album was re-branded once he was ordered back to jail. No Mercy finds T.I.

rapping about salvation and his mistakes but too much focus is placed on his player lifestyle. No Mercy falls flat, even with Kanye and Eminem standing tall by his side. **Outstanding track:** Pledge of Allegiance



Christopher Dignan

Album: Let The Sparks Fly
Label: Independent

Mingling amongst musical sub-genres while still entirely unique, Toronto-based solo artist Dignan creates a sinewy mix of garage,

shuffling rockabilly groove and indie rock on this pristine full-length. If ever there was a poster-boy for the future of Toronto's independent rock scene, Dignan is it. **Outstanding track:** I'm Feeling Good Now



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Oprah shuts down lesbian rumours

► The media mogul denies an intimate relationship with best friend Gayle King, despite persistent gossip



► In an upcoming TV special, Oprah says she's not a lesbian.

Oprah Winfrey says she's not a lesbian, not even a little bit.

Her long personal and professional connection with Gayle King has sparked rumours that they are gay, but Winfrey denies it in an upcoming interview with ABC's Barbara Walters.

"I'm not even kind of a lesbian," Winfrey says.

Persistent gossip to the contrary annoys her, she says, explaining that, if it were true, "Why would you want to hide it? That is not the way I run my life."

Asked to describe her relationship with King, Winfrey calls her "the mother I never had, the sister everybody would want. She is the friend that everybody deserves."

Winfrey's eyes moisten and her voice chokes as she adds, "I don't know a better person."

Winfrey ends her daytime talk show next spring and, on Jan. 1, launches a cable channel, the Oprah Winfrey Network.

The special airs Thursday at 9 p.m. EST

THE ASSOCIATED PRESS

Ever wonder how Lindsay Lohan was conceived?

Michael Lohan was more than happy to use a visit to the satellite radio Playboy Morning Show to explain how daughter Lindsay Lohan was conceived.

"Dina and I were in Switzerland," he said. "You're stuck in a chalet for three days so you're going to have a lot of sex."

• METRO



► Michael Lohan



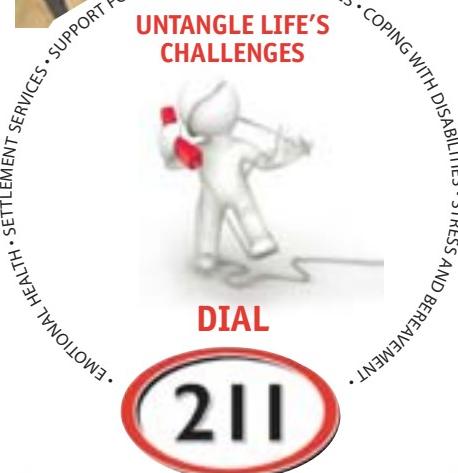
► Snipes.

Snipes' prison talk

Wesley Snipes stopped by Larry King's talk show to discuss his impending imprisonment and what he's doing to avoid time behind bars.

"We still have prayers out there, Larry, and we believe in miracles."

"Don't send me up the river yet," Snipes said. • METRO



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Aniston parties with exes

Jennifer Aniston reportedly hosted a packed party at her home recently, with three exes in attendance, including Gerard Butler and a high-school sweetheart, according to the Daily Mirror.

"She thinks it's nice that she gets on with all her exes but they seemed to find it weird all being in the same place," a source says.

Aniston was more concerned about Chelsea Handler, who recently ranted about Angelina Jolie during a stand-up routine.

"Jen was chatting to Chelsea and the pair looked like they were getting heated but they seemed to be in agreement," the source says.

"Jen didn't seem to object to what had been said." • METRO

Celebrity tweets



Yoko Ono (@yokoono)
Let's report to the Universe how glad we are that our planet is part of such as beautiful constellation.



Steve Martin (@SteveMartinToGo)
iPhone just synced perfectly with toaster All is well.



Dolly Parton (@Dolly_Parton)
My weaknesses have always been food and men — in that order.

Talking points

DiCaprio's face slasher sentenced

Aretha Wilson, the woman who snuck into a party five years ago and slashed Leonardo DiCaprio's face with a broken beer bottle, was sentenced to two years in prison earlier this week, according to TMZ.

After she has served out her sentence, Wilson will be deported to her native Canada.

DiCaprio reportedly needed at least a dozen stitches as well as plastic surgery after the attack.

According to the 2005 police report, Wilson claims she mistook the Inception star for an ex-boyfriend and attacked him. • METRO

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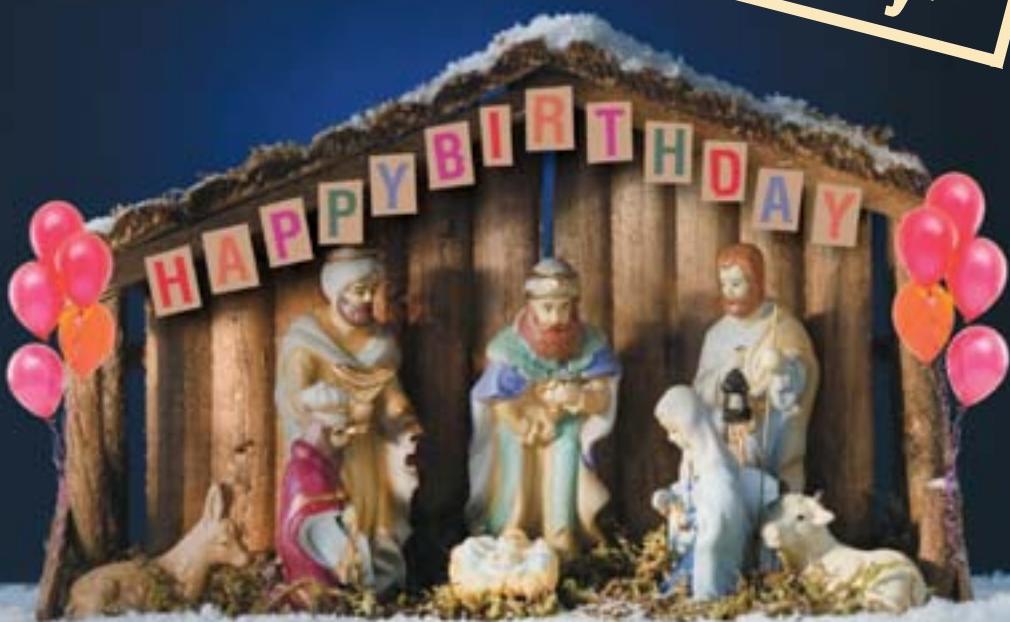
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3 life

Famous faces



When one thinks of Anna Wintour, hip hop doesn't normally come to mind. Yet, there she is, making an appearance on Sean "Diddy" Combs and Dirty Money's new album, Last Train to Paris. The album list of guest stars reads like a fashion week show schedule with Marc Jacobs, Andre Leon Talley, Zac Posen and Isaac Mizrahi delivering lines as well. Go to [americanvogue.com](#) to get a preview of it all. □ METRO



Outdoor adventurers setting the outerwear for city and suburbia too



► Meet Edward Buchanan, Rad Hourani, Alexa Adams and Flora Gill – the designers behind three exciting new labels that are sure to some day influence the way we dress.

Remember their names



HUNT

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METRO WORLD NEWS IN LONDON

The designer: Edward Buchanan of Sansovino 6

The innovation: Knitted jeans and re-invented basics

The buzz: Buchanan is a seasoned behind-the-scenes vet who worked for marquee brands (Giorgio Armani, Calvin Klein) before the Italian house Bottega Veneta hired him as a design director. Six years later, he moved back to Manhattan to consult Jennifer Lopez and Sean Diddy Combs on their clothing lines. "But I never was that designer who was interested in celebrity," Buchanan says. "So I returned to Europe. Sansovino 6 was that answer to what I had been wanting as a designer."



The line is also the answer to what many of us are missing from our closets.

"I asked all of my friends what they wanted for their wardrobes but couldn't find," he explains.

He took their answers — jeans that look modern but feel old and worn in, for instance — and made the knitwear equivalent. The end result is a collection of reinvented staples, such as a pair of skinny jeans that look rough and worn but is in fact completely knitted.



The designer: Rad Hourani

The innovation: Unisex separates

The buzz: Usually, when you think of the word unisex, nondescript T-shirts and parkas come to mind. But Rad Hourani's eponymous clothing line features intricately constructed separates that blur the gender lines.

"When I'm designing a collection, I don't think to myself that I am designing for men or women," says the self-taught designer



who splits his time between Paris and New York.

"I do things without gender or season. It's about defying those limitations that are so often self-imposed. I think people should use their own brains to understand ... what they like or don't like, rather than allow it to be externally decided," he adds.



The designers: Flora Gill and Alexa Adams



► Adams and Gill

The innovation: The line's name means "no title" in German, and the New York-based duo's work aptly has a quality to it that's difficult to put your finger on. It's powerful and yet soft. It cuts a clear line, but sculpts the body as well.

The buzz: Their fanbase grows by the season (Vogue Paris editor Carine Roitfeld bought a coat off the runway) as does their accolades. They've been nominated for both the CFDA Vogue Fashion Fund and Swiss Textile Awards.



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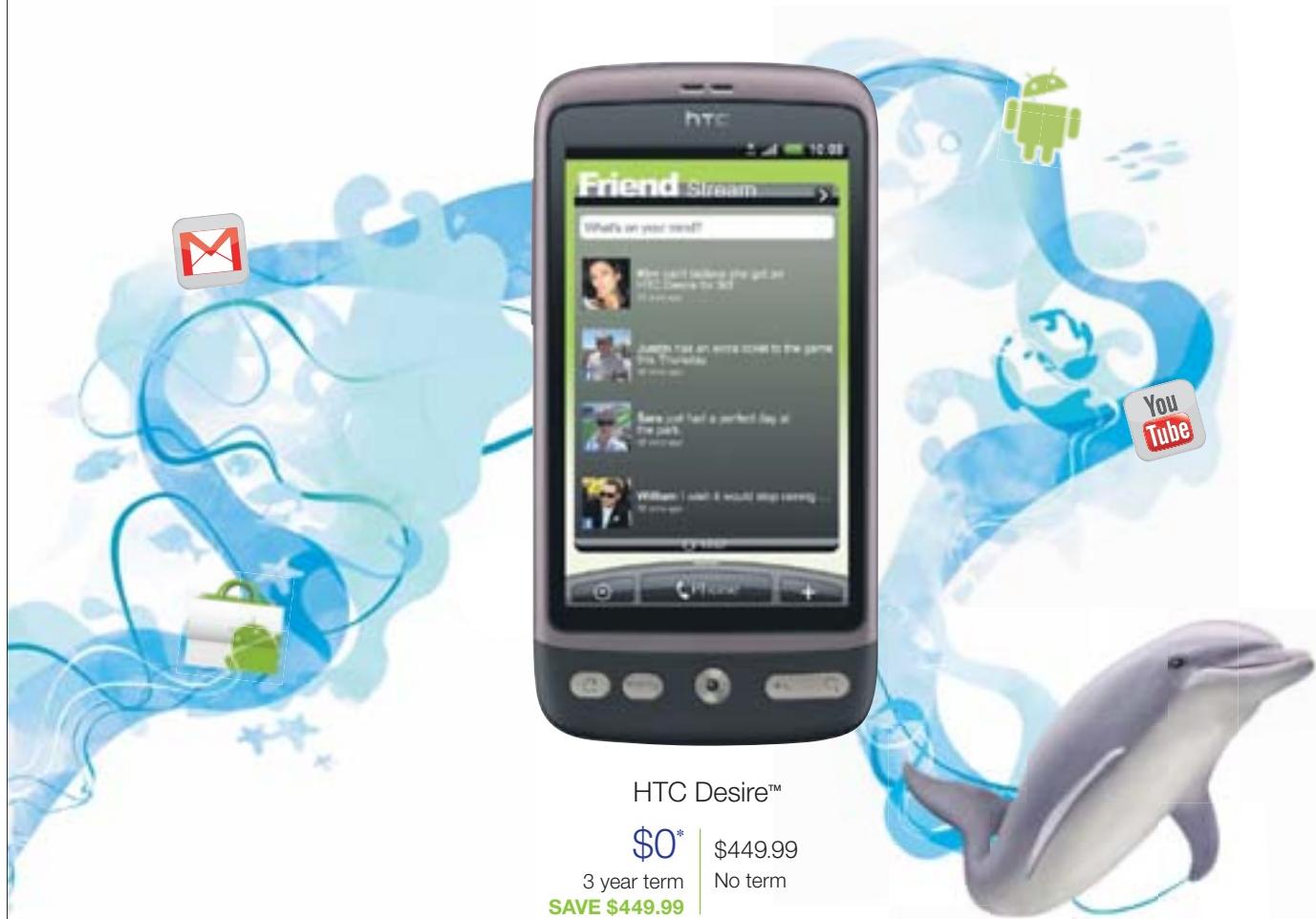
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► Taylor Swift

COVERGIRL/THE ASSOCIATED PRESS

Swift exudes ethereal style

Don't look for Taylor Swift in rumpled clothes and no makeup: She's not interested in dressing down to go incognito.

Gowns, red lipstick, hairstylists, front-row runway seats — and, as icing, a CoverGirl model contract — are perks of her fame. She's not going to run

away from them, especially if her fans are watching.

"When I'm in Nashville, I feel like I can go natural and not really worry about it, but I generally love makeup and I love dress-up. That's why award shows are so much fun for me," Swift says.

"I'd never wish away

makeup and getting all dolled up."

She owes it to her supporters to put on a good show, she says, and at 5'10" she'd stand out in a crowd anyway.

In her new CoverGirl NatureLuxe ads debuting this week, she has a more ethereal vibe.

Yes, she says, there have been quite a few offers to be a spokeswoman for products, but some make more sense than others.

But, Swift adds, her whole life isn't going to become a commercial.

"I love cooking, but I'm not going to pursue that."

THE ASSOCIATED PRESS

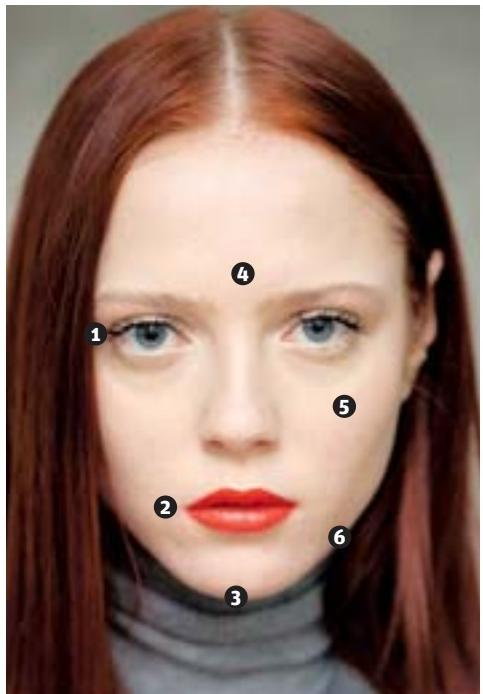
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► Mac Cosmetics director Terry Barber offers six ways to look great

NATALIA STUPAKOVA
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METRO WORLD NEWS IN LONDON

he says.

4 TACKLE T-ZONE

"Regardless of the beauty trends, your T-zone should never, ever shine. It looks terrible when it does," he says.

5 INVEST IN PRIMER
"Use professional primer and foundation. No matter what kind of makeup you use, it won't go on well without it. When an artist paints a picture, he first primes the canvas, lining the surface. You must do the same with your face," he explains.

6 EMBRACE YOUR INNER BAD GIRL

"All of the women I've worked with have a little bit of a bad girl inside, and that's why they like my makeup. It doesn't matter if they're stars, models or just career girls. You have to be a little bad."

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5 Ways for Men to Delay Hair Loss

Women and Hair Loss: What Causes Women to Lose Their Hair?

It is normal for women to lose 100-125 hairs a day, as these hairs are replaced in the next growth period called the anagen phase. It is when these hairs do not grow back, or when daily hair shedding exceeds 125 hairs that you should consult an expert about hair loss.

Unlike men's hair loss which typically occurs in the crown (back of the head), at the temples and frontal area, women's hair loss occurs in a diffuse pattern spread throughout the scalp mostly on the top of the head.

Here are a few factors that influence hair loss with women:

DIET: Rapid weight loss, insufficient stomach acids, iron deficiency, low protein, zinc and vitamin intake can all trigger hair loss by forcing hairs into a dormant or non-growth stage. Excessive dieting also causes hormone shifts, and in turn hair loss. Hair loss is one of the major symptoms of anorexia and bulimia.

HORMONES: Hormone imbalance is arguably the most common cause of hair loss in females. Menopause - 1/3 of women are susceptible to noticeable thinning of the hair after menopause, when production of the female hormone estrogen slows down dramatically or stops all together.

PREGNANCY: Childbirth almost always causes some degree of temporary hair loss, sometimes occurring after a delay of a few months. Often this hair will grow back over time but if it becomes an issue, you may need to consult a hair loss expert.

When daily hair shedding exceeds 125 hairs you should consult an expert about hair loss.

BIRTH CONTROL PILLS:

The discontinuation of birth control pills can create hormone shifts which can cause hair loss. Hair loss may be delayed by three months or more following the hormonal change and may take another three months or more before new growth is fully achieved.

ILLNESS: A serious illness or a physical stress, such as childbirth, can trigger dramatic (but temporary) hair loss of up to 50 percent, but this only occurs in extreme circumstances.

GENETICS: Female pattern hair loss results from a genetic predisposition caused by an abnormal reaction to normal hormone levels, or a normal reaction to abnormally elevated hormone levels.

Solutions for female Hair Loss:

Recently laser hair therapy for sustained growth and surgical hair transplantation for a permanent solution have become viable options for women suffering from hair loss. Make an appointment with a hair loss expert to find out what solutions are available to help you grow your own natural hair. PAI Medical Group offers a free hair analysis. Call 613-594-5964 to schedule a private consultation with a hair loss expert.



**BY THE AGE OF 35,
40% OF MEN
WILL START EXPERIENCING
HAIR LOSS.**

Here are five effective ways to delay your hair loss:

1 Take care of your hair: Letting your hair breathe and massaging your scalp can help encourage blood flow thus slowing down hair loss.

2 Adjust your diet: Fat, animal protein and salt weigh heavily on the kidneys and create acidic blood, which in turn leads to hair loss. The typical North American diet is also usually vitamin deficient, so add supplements to your daily regimen. Additionally, eating a lot of fruits and vegetables and less starch may slow down the hair loss process.

3 Avoid dying your hair or using chemicals: These treatments may be thinning your hair.

4 Reduce Stress: While it may be difficult to avoid, try and limit the stress in your life as stress is a big contributor to hair loss.

5 Use laser hair therapy: This process helps to stimulate the blood flow and increase the growth and thickness of healthy hair. To learn more about laser hair therapy visit www.paihair.com/laser_therapy.asp



**If you are starting to notice hair loss, don't wait.
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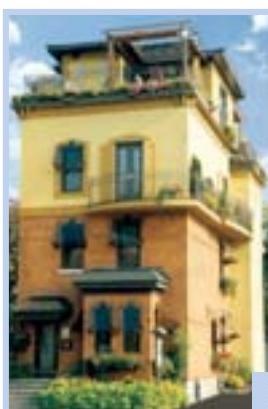
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"The doctors asked me how I felt about the placement and design of my hair line. After it was finished I couldn't believe it was over. I didn't feel a thing."

BEFORE



AFTER

An entertaining guru's wish list

► Claim your title as 'host with the most' with these unique home items

DECOR MOMENT



KARL LOHNE
HOME@METRO-
NEWS.CA

Living downtown means I have a lot of friends and family who surprise me with visits while they are in the city doing their holiday errands. As a home entertaining enthusiast, I love all the toys that can help make a guest's visit a memorable one. Here are a few things on my wish-list that I hope to find under the tree this year.



► What better way to feel like a pro chef than a heat lamp to keep your hors d'oeuvres warm.



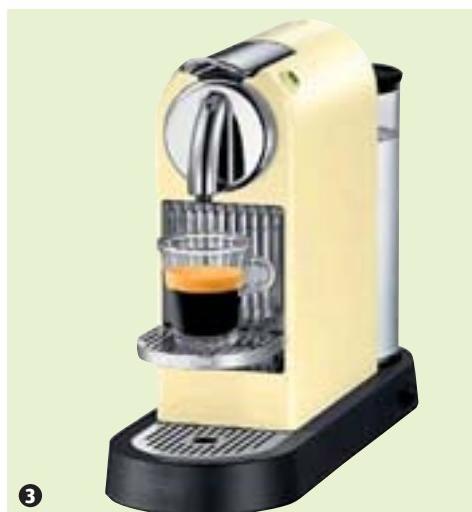
► A hurricane vase is an entertainer's best friend. It's a vase, candle holder, wine decanter, or fill it with simple glass holiday ornaments and it's a great mantel decoration.



1



2



3



4

1 GEL CHEF'S MAT GELPRO.COM

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Be my guest

Small touches mean a smoother stay for visitors

When Laura Barnett's daughter comes to visit, the Chicago mother has to improvise a guest room.

Barnett sets her daughter up in a corner of the living room and clears out space in the hall closet for her clothes and suitcase.

Providing space for a house guest's things is as important as providing a place to sleep, because it will help you maintain order in the home, said Barnett, an interior designer. You have to strike a balance between "making the guest feel welcome and not making you feel like your home's been taken over," she said.

That's especially true during holiday visits, when there tends to be extra clutter and activity, said Randi Destefano of Authentic Living Interiors in Atlanta. Before guests arrive, think about where they will store their luggage, and how much space they may need for clothes and personal items.

If possible, empty a

drawer or a shelf in the bathroom for guests to use during their stay, she said. Otherwise, provide a basket or plastic container in which guests can store toiletries and things they need to access throughout the day.

If your home is small or there's not much extra storage, Destefano recommends buying an ottoman with a storage compartment.

"It's a great place to store the bedding and pillows," she said. "They're available at all different price points."

Try to locate your guest in a spot that allows some privacy, Destefano said.

THE ASSOCIATED PRESS



► Allotting specific areas for your guest to store their belongings is key to keeping your home in order.

AMERICAN HOME FURNISHINGS ALLIANCE/THE ASSOCIATED PRESS

She suggests placing air mattresses or sleeping bags in nooks or low-traffic areas of the house.

It's acceptable to ask guests to put away their bedding or close up a sleeper couch each morning, particularly if they are sleeping in a home office or other room that family members need to use, Barnett said. "Make a rule that they make their bed or move stuff off the furniture," she said.

If an adult is going to sleep in a child's room, try to clear out toys, said Hoyt Dottry, president of the South Carolina Bed and Breakfast Association.

THE ASSOCIATED PRESS

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YES NO

- | | | |
|---|--------------------------|-------------------------------------|
| I am feeling sad and depressed | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I am having difficulty sleeping | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I am feeling low in energy and slowed down | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| My appetite has changed | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I am experiencing feelings of guilt | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I have lost interest in work and pleasurable activities | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I feel hopeless about the future | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I feel tense and anxious | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I am having difficulty making decisions | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I am having trouble concentrating | <input type="checkbox"/> | <input checked="" type="checkbox"/> |



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*EXLES EXTRA

The basil may be sweet but lunch is lackluster



SHARI GOODMAN

► Sweet Basil is an intimate spot with a few hits and a few misses

LUNCH RUSH

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Coming in out of the bright sunlight to a dimly lit, wood enclosed environment required some adjustment for the eyes. But once seated, the beauty of the surroundings began to captivate. Artifacts from Thailand hint at the authenticity of the menu.

The Combination Plate (\$13.95) is a great place to start since it includes samplers of several Thai specialties.

The spring rolls were crisp and tasty with just the right amount of zing. The Green Curry with Beef

tasted a touch dirty, and the Chicken with Ginger, Mushroom and Onion was heavy on the ginger. Fluffy, steamed rice was welcomed between bites of hot ginger spiciness.

The stir-fried vegetables were a little oily and lacked variety. But the sweet ginger tea was perfect.

Sweet Basil is a sweet, but slightly lackluster, place to go for an intimate lunch with a friend.

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- Rating: ** 1/2
- Price range: \$\$

Classic Macaroni and Cheese



Ingredients:

- 1.5 l (6 cups) cooked macaroni
- 30 ml (2 tbsp) butter
- 1 l (4 cups) evaporated milk
- 125 ml (1/2 cup) sour cream
- 1.5 l (6 cups) old cheddar cheese, shredded
- 10 ml (2 tsp) salt
- 2 ml (1/2 tsp) black pepper

everyone endures during the holiday season, turning to your slow cooker for help to get meals on the table with little fuss makes perfect sense.

This comforting classic is perfect for such a time and it will no doubt become a family favourite. Serve with a veggie salad.

1 In a mixing bowl, toss macaroni with butter.

2 Stir in evaporated milk, sour cream, cheese, salt and pepper.

3 Place in a slow cooker. Cover; cook on low for 4 to 6 hours. Makes 6 to 8 servings.

THE CANADIAN PRESS

Classic Macaroni and Cheese Preparation:

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Gentle care gifts for tiny tots {page 34}



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From kids to celebrity hounds, cookbooks fit to give everyone on your holiday list

Got an uncle who insists on hunting wild mushrooms or butchering his own steak? There's a cookbook for that. What about a working mom hoping to please picky palates during the daily dinner deadline? We have her covered, too. From DIY fanatics to busy families, and even science geeks, this year's crop of cookbooks offers something for everyone.

Here are a few standouts to jump-start your gift-giving.

FOR THE KIDS

For a book heavier on story than on cooking, check out *Soup Day* (Henry Holt, 2010). On a blustery day, a little girl helps her mom select and chop vegetables for a warming winter soup. Idyllic and cosy with colourful, textured illustrations, the book also offers a perfect recipe for tiny hands.

For kids who like to make themselves a little something, *The Winnie-the-Pooh Cookbook* (Dutton, 2010) offers easy-to-follow recipes for smackerels like Pooh-and-piglet pancakes and honey toffee apples. Original drawings by Ernest Shepard and memorable Pooh quotes make this reissue of Virginia Ellison's 1969 classic a must-have for fans of the bear.

FOR DEVOTED FOODIES WHO HAVE IT ALL

Amanda Hesser insists her *The Essential New York Times Cookbook* (Norton, 2010) is not an update of the Craig Claiborne classic, but rather a new chronicle of the best New York Times recipes dating back to 1850. Dense, serious and heavy enough to double as a weapon, the book covers everything from Claiborne's cheese fondue and vichyssoise à la Ritz to watermelon gazpacho and the pork belly tea sandwiches at a hip New York restaurant.

Rounding out the New York Times

muhammara, a Detroit mom's formula for the Syrian red pepper and walnut paste, and Mike DiMuccio's Rhode Island fried calamari, a plumber's pepper-spiked take on squid. With homely photos of some of her contributors, *One Big Table* is an album of America's rich culinary history.

FOR THE BAKER

Cookies, cakes, pies and breads. If you can make it with flour it's in *The King Arthur Flour 200th Anniversary Cookbook*

(Countryman, 2010). This indispensable volume

from the famous flour miller also covers the science of baking, from primers on leavening, to notes on flaky pastry and hints for homemade pasta. A go-to reference for all baking needs.

trifecta is Molly O'Neill's *One Big Table* (Simon and Schuster, 2010), a collection of 600 recipes that chronicle the diversity of American food. It features recipes taken from pit masters, farmers, home cooks and chefs around the United States.

The former Times food columnist includes recipes such as Farideh Khoury's

Your sweet-tooth baker will appreciate *Sweet Chic* (Ballantine, 2010), a collection of confections by the owner of New York bakery Tribeca Treats. From easy homemade thin mints to multi-stepped masterpieces like sweet-and-salty cake (think devil's food with caramel and fleur de sel), the recipes in this book are great for a rainy day or a big celebration.

FOR DIY TYPES

Arranged by season for the freshest results, *The Blue Chair Jam Cookbook* (Andrews McMeel, 2010) contains more than 100 recipes for jams, preserves and marmalades. Winter brings marmalades of bergamot, pink grapefruit and Meyer lemons. Spring is time for rhubarb, strawberries, apricots and other eagerly anticipated fruits inventively combined into rosemary-scented marmalades, orange-blossom jams and good old solid preserves. This book is ideal for anyone who dreams of "putting up" their favourite fruits.

Ever made your own butter? Smoked your own salmon? Foraged for your own salad? *Forgotten Skills of Cooking* (Kyle Books, 2010) by Darina Allen — sometimes called "the Julia Child of Ireland" — contains more than 700

recipes for just such tasks. After you've proven your chops on homemade ketchup and foraged elderflower fritters, traditional fare like roast chicken and pheasant braised in Cork gin provides a rest.

FOR CELEBRITY HOUNDS

Got a Food Network junkie in the family? Spark 'em up with *Tyler Florence Family Meal* (Rodale, 2010), a guide to dinners that range from fast, kid-friendly pastas to feast-worthy roasts. Dishes such as angel hair with arugula take care of everyone on a Tuesday. But if you're gunning for Saturday night praise, a crown roast stuffed with apple and pecan dressing or a fish fry with sausage hush-puppies ought to do the trick. A well-rounded ode to gather-worthy fare with celeb flair.

Some people (mostly women) are actually interested in how Nigella cooks, not how she looks. *Nigella Kitchen: Recipes from the Heart of the Home* (Hyperion, 2010) is a jumble of family food from barbecued beef (think sloppy Joes) to ginger-and-apricot spiced African drumsticks. While most will probably avoid the spaghetti with marmite (it's a British thing),

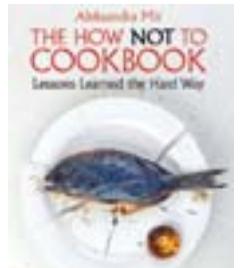
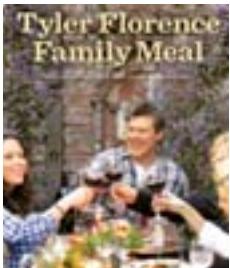
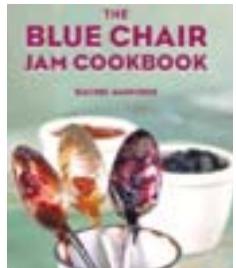
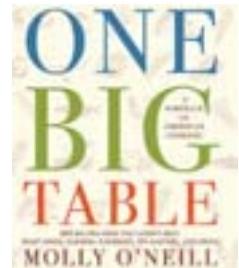
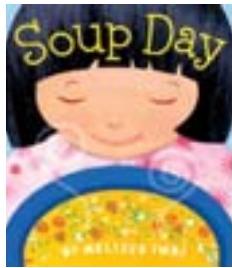
other recipes such as egg-and-bacon salad or Indian-spiced lamb chops should help keep your family's menu interesting.

GENERAL GOOD GIFT BOOKS

Harold McGee isn't happy just eating food. The scientist/gourmet has to know how it all works. His new *Keys to Good Cooking: A Guide to Making the Best Foods and Recipes* (Penguin, 2010) outlines how brining keeps meat moist, why boiled items have less flavour than roasted, what makes potatoes mushy, and generally answers everything you ever wanted to know about food science but were afraid to ask. For that pesky relative who just can't stay away from the meat thermometer.

Don't force open a pressure cooker. And if you do, don't put your face over it. Do not think that Boston baked beans are a good addition to curry. And never, ever use garlic if you are cooking for the British. These are but a few of the tips offered by the stunningly amusing *The How Not To Cookbook* (Rizzoli, 2010), an assemblage of advice from 1,000 cooks around the world. A good laugh - and perhaps a cautionary tale.

THE ASSOCIATED PRESS



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► Bath and body gifts for the little ones in your life by Janine Falcon



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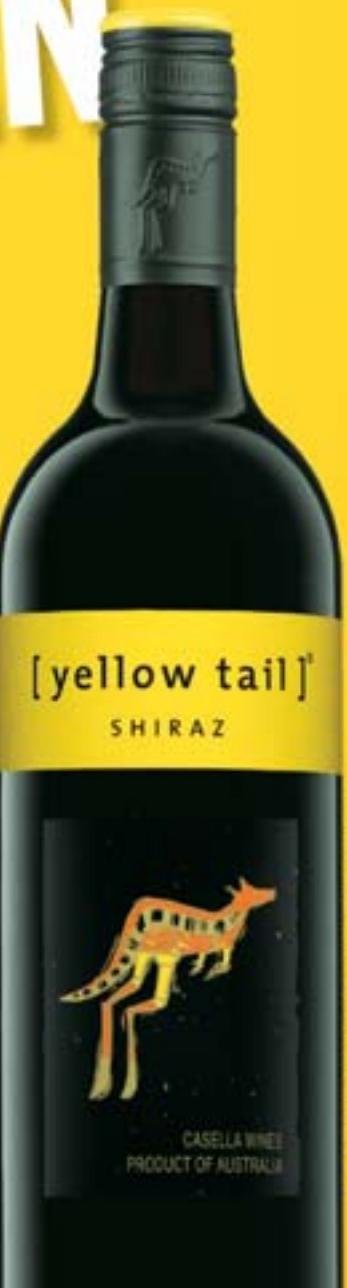
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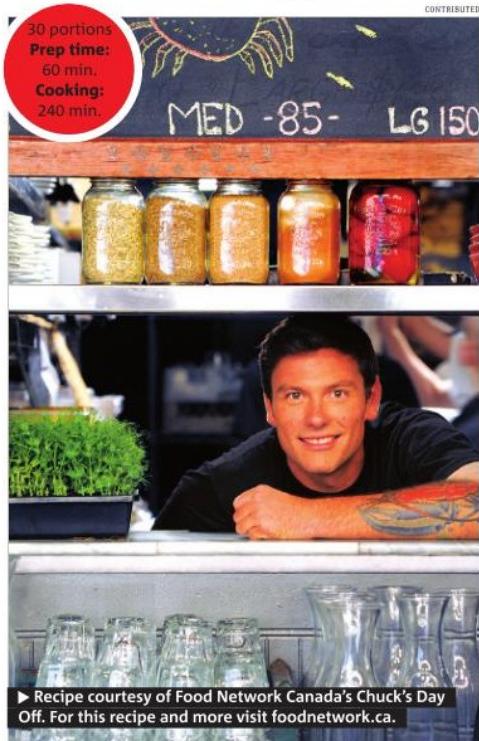


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DRINK RESPONSIBLY. PLEASE ENJOY RESPONSIBLY.

The legendary holiday Turducken



For a standout dish, try this – your guests will be speechless

Ingredients:

- 1x25 pound turkey, deboned
- 1x5 pound duck, deboned
- 1x3 1/2 pound chicken, deboned
- 1 Italian truffle
- 1/2 cup smoked paprika (125 ml)
- 1/2 cup melted butter (125 ml)
- Salt and pepper
- Stuffing

Preparation:

- 1** Spread the turkey, skin down, on a flat surface, exposing as much meat as possible. Sprinkle the meat generously and evenly with a total of about 3 tablespoons of the smoked paprika, patting the seasoning in with your hands. (Be sure to turn the leg, thigh and wing meat to the outside so you can season it too.) Season with salt and pepper.

- 2** Stuff some stuffing in the leg, thigh and wing cavities until full but not tightly packed. (If too tightly packed, it may cause the leg and wing to burst open during cooking.)

Spread an even layer of stuffing over the remaining exposed meat, about 1/2 to 3/4 inches thick. You should use a total of about 4 cups of stuffing.

- 3** For the duck, remove some of the fat and keep aside. Place the duck, skin down, on top of stuffing, arranging the duck evenly over the stuffing. Season the exposed duck meat generously and evenly with smoked paprika, using about 1 tablespoon, and pressing it in with your hands. Season with salt and pepper. Then spread about 1 cup of the stuffing evenly over the exposed duck meat, making the

layer slightly less thick, about 1/2 inch thick. Repeat with the chicken and the remaining stuffing. Place an Italian truffle in the centre (optional).

- 4** With the assistance of your helper, carefully lift the open Turducken into an ungreased 15x11 baking pan that is at least 2 1/2 inches deep. (Note: this pan size is ideal because the Turducken fits snugly in the pan and stays in the proper shape while cooking.)

- 5** Enlist someone's help to close Turducken. Fold the sides of the turkey together to close the bird. Have your helper hold the turkey closed while you sew up all the openings, making the stitches about 1 inch apart. When you finish sewing up the Turducken on the first side, turn it over in

the pan to sew closed any openings in the other side. Then tie the legs together, just above the tip bones. Leave the Turducken to cook, breast side up, in the pan, tucking in the turkey wings.

- 6** Place the Turducken pan in a slightly larger pan with sides at least 2 1/2" deep, so that the larger pan will catch the overflow of drippings during cooking. Season the exposed side of the Turducken with the remaining smoked paprika, patting it in with your hands. Brush with melted butter.

- 7** Bake the Turducken at 325F (170C), about 4 hours, until done, or until a meat thermometer inserted through to the centre reads 165 °F. When done, remove the turducken from the oven and let rest for about 15 minutes.

240

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Give the gift of gaming

Kinect for the Xbox 360 from Microsoft Corp.

This is the futuristic motion controller from Microsoft Corp. It removes remotes entirely from the gaming experience. Kinect is basically a fancy camera that tracks your movements, hand gestures and voice. It can also recognize faces and scan in objects so you can use them in certain games. This holiday season, retailers are also bundling Kinect with a low-end version of the Xbox 360 at a discount.

Good for: Families with young kids, anyone averse to games with lots of buttons and complex controls.

Cost: \$150 for the standalone



Kinect camera system, or \$300 for the Kinect with a 4 gigabyte Xbox 360. Both come with a game, Kinect Adventures.

PlayStation Move from Sony Corp.

Sony says it had considered selling a controller-free controller à la Kinect but then thought better of it. Many games, it turns out, simply work better when you are holding a remote in your hand. Sony Corp.'s Move is that remote, at least if you are a PlayStation 3 fan.

Good for: Wii owners ready to move on to high-definition games and first-person shooters, though for now the bulk of Move games are more limited to more "casual" titles.

Cost: \$100 for a bundle that includes the PlayStation Eye camera, one Move controller and a game, Sports Champions. For \$400 total, you get all that plus a 320



gigabyte PlayStation 3. Nintendo Wii and accessories

To celebrate 25 years of Super Mario, Nintendo is selling a limited edition red version of the Wii this holiday season, which could make for a

good gift for anyone on

your list obsessed with this classic video game icon.

The console comes with a red controller and two games.

A great new accessory this year is the uDraw GameTablet from THQ Inc. It's essentially a mini art studio that lets players of all ages

paint, doodle and colour using a small tablet and an attached stylus.

to try before they buy. OnLive offers short-term game rentals for a fee.

Good for: Kids, families ready to graduate from the now very old PlayStation 2, little brothers and little sisters.

Cost: \$200 for the red Mario bundle, \$40 for each additional remote plus \$20 for a Nunchuck. The uDraw tablet is \$70, with extra games such as Pictionary available for \$30 each.

OnLive MicroConsole

This new game console is so small it could easily fit in a Christmas stocking, and at \$99 it's almost cheap enough to stuff in there. The console plugs into players' TV sets and comes with a generic wireless controller for traditional shooter video games.

Good for: Adventurous gamers with their eye on the next big thing. Budget-minded gamers who want

THE ASSOCIATED PRESS



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1

2 EPSON \$1,049

With a 720p resolution projector, CD/DVD player and speakers built-in, the MovieMate 85HD can play movies, video-games, slideshows, or karaoke; Epson.ca and select A/V dealers.



2

3 KODAK \$159.99

The Playsport Video Camera captures full 1080p HD video even 10 feet underwater with built-in software and USB cable output making it easy to share online; Best Buy, Future Shop, Walmart, Canadian Tire, The Source, Sears.



3

4 TOMTOM \$259.99

With the GO 730 GPS receiver and the new IQ routes feature, this tells you the best way to get to your destination. Text-to-speech audibly tells you where to turn; Future Shop, Best Buy.



4

5 LG \$2,699.99

LG's Infinia LE9500 is a 3-D-ready LED TV with picture frame depth. Specs-0.33-inch bezel, 0.92-inch panel depth; Future Shop, Best Buy.



5

6 HP \$299.99

The HP Envy 100 e-All-in-One printer is the planet's first PVC-free printer and redefines the way you'll print, copy and scan. Consumers can use HP ePrint to print from an email-enabled smartphone; A/V dealers.



6

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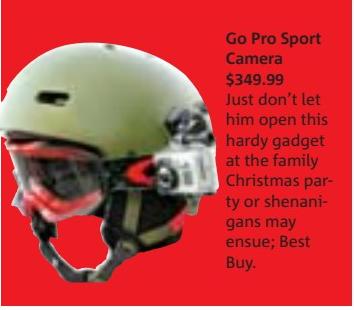
Electric guitar \$169
He put in his 10,000 hours. Don't you think it's time he graduated from Rock Band 2? Sears.



Ecco Men's Golf Street \$180
If he loves golf that much, these hybrid shoes may confuse him into thinking he's on the links all the time; ecco.ca for retailers.

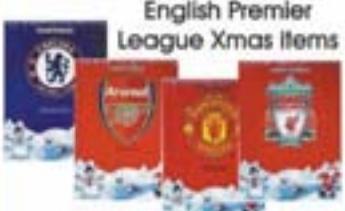


PKG Laptop sleeve \$44.99
For the hipster in your life: A plaid laptop sleeve for his beloved computer; Future Shop.



Go Pro Sport Camera \$349.99
Just don't let him open this hardy gadget at the family Christmas party or shenanigans may ensue; Best Buy.

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5 projects for the DIY gift-giver

Sometimes a new twist on an old idea is all it takes for a beautiful handmade gift to be born.

If you're inclined to make your own gifts this holiday season, read on for five ideas, all simple and fresh.

Silhouette on canvas

Haile McCollum of Thomasville, Ga., is her family's de facto genealogist, the keeper of heirlooms and ancestral silhouette portraits. She also has a background in graphic design, and has reinvented the silhouette with her own two sons — and the family dog, Amos — as subjects. Her idea is featured in *Crafting a Meaningful Home* (STC Craft/Melanie Falick Books, 2010).

McCollum simplified and updated the silhouette using modern technology; silhouettes are decoupage onto a painted canvas rather than secreted behind frames.

To make the silhouette, paint a small oval-stretched canvas with acrylic paint and let dry. With a digital camera, take a profile photo — only a head shot — of the subject. Upload the photo to a computer and resize. Print the photo and carefully cut it out, getting as many details as possible. Secure this pattern onto a sheet of heavyweight paper and cut it to match. Adhere profile to canvas using decoupage glue; let it dry. Paint another thin layer of decoupage glue over the entire canvas.

McCollum recommends experimenting with paper and colour, perhaps putting a hot-pink silhouette onto a bright orange background, or putting brown on blue. Paper with a tight

pattern may look good, too. Card stock works best for the silhouette, says McCollum, who owns a personalized stationery and gift company called Fontaine Maury.

The silhouettes needn't even be paper. For example, they can be cut out of fabric and sewn or glued onto pillow cases. "In our bedroom, we have our two sons on our two pillows on our bed. It's really cute," says McCollum.

Personalized pillow

Kim Johnson of Estero, Fla., is an illustrator and amateur photographer whose artistic canvas is the pillow. She sews her own out of a felt fabric made from recycled plastic bottles, and embellishes the pillows with the same soft felt.

The self-taught sewer says that working with felt is especially easy because the material doesn't fray. The felt at fabric stores will work, but Johnson uses higher-end wool felt and bamboo felt that she buys from the online dealer Felorama.

In a hurry? Buy a good-looking pillow and embellish it with felt using fabric glue. For inspiration check out Johnson's ideas at her Etsy online shop, photographik.

Paper photo pendant

If you've ever made your own cardboard photo frames, this idea is that in miniature, and on a ribbon.

Aubrey Avila of Marion, N.C., was trying to create a locket for her children's photos when she hit on this simple idea, tutorials for which she sells at her Etsy shop, Decelerate.

The craft goes something like this: Cut out a

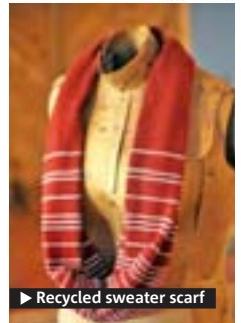
7.5-by-4-cm (3-by-1-1/2-inch) square of thin cardboard (cereal boxes work

sides of the frame together, leaving the bottom open for inserting a tiny image.

Kim Mason and Christina Guerrero of Philadelphia teamed up last summer to



► Silhouette on canvas



► Recycled sweater scarf

think if the design is on point, you can put any fabric on it and personalize it for any person."

Recycled Sweater Scarf

Michele Beschen of Van Meter, Iowa, hosts "b. organic" on public television. She recently contributed several ideas for handmade gifts to HGTV.com's "Handmade Holidays," which ties into the cable network's one-hour special "15 Fresh Handmade Gift Ideas," which airs through December.

On the show and online, Beschen shares her infinity scarf, cut from a single sweater with minimal sewing.

"You can still give a knitted item without knowing how to knit," she says.

Use the knitted fabric of one sweater, or combine the colours and textures of several sweaters into one scarf, suggests Beschen, who uses acrylic or acrylic-blend sweaters because they keep their shape and drape well.

"Play with the colours, how the knits lay together," she advises.

Incorporate the sweater's other features, such as buttons or a pocket, into the scarf. When making a gift, Beschen advises using muted colours that can be incorporated into anyone's wardrobe.

To make the scarf: Using a single sweater, cut around it under the armholes, or according to desired width. Finish the cut edge by hand or machine stitching. Instructions for combining the fabric of two sweaters into one scarf are at HGTV.com/handmade.

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well). Fold it in half. Cut an opening for the photo that measures 2.5-by-1-cm (1-by-1/2-inch) on one half side. Cover this with a heavy-weighted paper, such as card stock — something with a small, tight design. Fold the paper over the cardboard, making sure the edges are smooth; use hot glue to secure. At the photo opening, cut a small "x" and carefully peel back the paper, leaving a clean finish; glue edges down.

Wrap 20-gauge wire around the spine of the frame and make a loop at the top for inserting ribbon. Finally, glue the two

Vellum can be inserted with the photo to protect it.

Avila says the fit is tight enough that the image won't fall out.

The pendant is perfect for holiday gift-giving, and it's easy enough for kids to make with a little parental guidance, she says.

"You want something that can be customized," says Avila. "I think that makes a gift more meaningful. That's the whole idea."

The techee sleeve

Architects-turned-crafting entrepreneurs,

create the Etsy online store Rogue Theory. They sell all kinds of colourful "sleeves" for protecting today's high-tech toys, from Kindles to iPods.

It's a colourful twist on a simple idea: The sleeves incorporate two pieces of cotton fabric, sewn right sides together, with a polyester interfacing that adds padding without bulk. The fabric then is folded and sewn up the sides to dimensions that allow for a snug techie-toy fit.

"The big thing is to keep it simple and sleek," says Mason. "It's a lot like designing a building. We

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is sure to be one of the most talked-about album releases this season. The first single, Breaking News, was streamed online last month and fans likely won't pass up the opportunity to hear some previously unreleased songs. Available at music retailers.



**Michael Bublé
Crazy Love Holly-
wood Edition**

\$16.99

A two-disc set which features the original Crazy Love and an eight-song Hollywood Deluxe

E.P. companion disc including four new studio recordings and four live takes from the 2010 Crazy Love Tour. Bublé is a particularly strong live singer so the live recordings alone make a solid buy for fans. Available at music retailers.



**Rod Stewart
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Songbook Vol. V**

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Rod Stewart shows off the lasting appeal of his voice with an album of America classic covers including Beyond the Sea, Moon River, I've Got You Under My Skin and, of course, Fly Me to the Moon. If your gift-receiver has ever owned a Rod Stewart album chances are they will be happy to get another so for fans this is a solid bet. Available at music retailers.



**Florence and
the
Machine
Lungs**

\$9.99

The 2009 debut album from Florence Welch is still one of

the most intriguing, exciting listens around and features dark humour and a Tim Burton-esque artistic flair for the unusual. Full of fragility and dense beauty, it's an album that can draw a surprisingly wide net of listeners. Available at music retailers.



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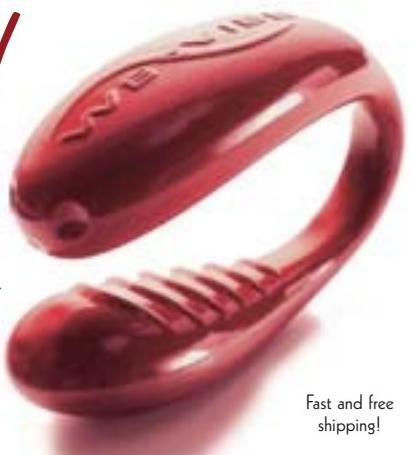
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"Mario Lemieux told me I finally look like a hockey player."

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"I did a CT scan before the surgery (Monday) and they said everything was still holding up really well and they were really pleased with that ... The plates and everything in my face were fine, so that's good."

ROETHLISBERGER

Sens find goals hard to come by

Power failure

► Alex Kovalev

There's no goaltending controversy in Ottawa these days. Instead, it's the struggling Senators' offensive stars who are on the hot seat.

Rumours about the job security of everyone from general manager Bryan Murray to coach Cory Clouston to the players are starting to swirl. Only netminders Pascal Leclaire and Brian Elliott are out of the line of fire for a change as fingers are being pointed at captain Daniel Alfredsson, No. 1 centre Jason Spezza and the rest of the Senators' offensive talents.

"They should be," Alfredsson said yesterday as Ottawa prepared to play host to the New York Rangers tonight.

"I know myself when I play well and when I don't play well and I think I'm playing OK, not good enough where I need to be when we're in this situation and hopefully I can step it up."

The Senators' current slide has seen them win just once in five games, twice in eight and three

Cold cases

The Senators' top scorers have been struggling.



JASON SPEZZA
Spezza, with six goals on the season, has none in the past eight contests.

ALEXEI KOVALEV
Kovalev hasn't scored in five games, and could lose his spot.

MIKE FISHER
Fisher has two in nine, although they both came in the same game.
THE CANADIAN PRESS

sions — all wins — and managed a fourth win by virtue of scoring twice and shutting out the opposition.

"It's pretty bad right now," said Spezza. "We're not happy with the offence we're putting up. Our goalies have been playing real good, but we still have to do a better job of playing defence, too. We're not doing either very well right now."

The current state of Ottawa's offence is a far cry from the days when the Senators regularly ranked among the conference's most potent offences.

Losers such as Marian Hossa, Martin Havlat and Dany Heatley over the years without replacing their scoring talents has taken its toll.

Youngsters such as Nick Foligno, whose goal in a 4-1 loss at Montreal on Tuesday was just his second of the season, and Peter Regin, with one goal and having been made a healthy scratch recently, just aren't producing like they were expected to.

THE CANADIAN PRESS

times in the past 12. They've only scored 17 goals over those 12 games and find themselves slipping well back of the playoff pack in the Eastern Conference.

"We're frustrated, searching for answers as to where our offence is," Spezza said. "Nobody's scored. We haven't generated much as a team, we haven't drawn any penalties ... We're capable of scoring goals in here, we just have to rediscover our touch."

A victory over the Rangers on Sunday at Madison Square Garden — where the Senators received a three-goal game from checker Chris Kelly in order to pick up the two points — is Ottawa's sole win this month.

It's also the only time in the past five games they've managed more than a goal and have been shut out twice during that stretch. In the past 14 contests, they've managed three goals on only three occasions.

Money doesn't guarantee wins in NHL

In the NHL's salary-cap system, teams don't always get what they pay for.

Six of the league's biggest spenders found themselves out of the play-off picture yesterday morning, which is why this week's news that the salary cap is expected to jump again doesn't necessarily signal the NHL has become a league of "haves" and "have nots."

New Jersey, Calgary, Ottawa, San Jose, Minnesota and Toronto are all in the top half of the league in spending, according to capgeek.com, and are among those currently chasing a playoff spot. Meanwhile, a number of other teams are thriving despite spending well below the \$59.4-million US salary cap.

"You don't necessarily have to be there (to be competitive)," said Tampa Bay GM Steve Yzerman.

When Yzerman was hired by Lightning owner Jeff Vinik at the end of May, he was given a tight budget. The team is currently carrying a roster that is more than \$10 million below the salary cap, but finds itself inside the top eight in the Eastern Conference.

There's no guarantee Yzerman will ever be given the green light to be as free-spending as his colleagues.

"In due time, if we can be successful in our plans, we feel we'll be able to compete and potentially our budget will change," said Yzerman. "For the time being, I'm very comfortable with the budget that we have. (I think) that we can compete. Obviously, we'd all love to have the same resources as other teams but that's not the reality."

"It will never be that way no matter what system (we have)."

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	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	30	20	8	2	0	96	69	42	10-5-1-0	10-3-1-0	10-0-0-0	W11
d-Washington	29	18	8	1	2	96	79	39	12-2-0-2	6-6-1-0	4-4-0-2	L3
d-Montreal	28	18	8	2	0	75	54	38	11-4-2-0	7-4-0-0	6-3-1-0	W3
Philadelphia	29	17	7	2	3	99	74	39	10-5-0-2	7-2-2-1	5-2-0-3	L1
Boston	26	15	8	0	3	75	52	33	6-5-0-2	9-3-0-1	5-3-0-2	W1
Tampa Bay	27	15	9	2	1	84	94	33	7-2-1-1	8-7-1-0	7-2-0-1	W1
Atlanta	28	15	10	2	1	88	80	33	9-5-0-1	6-5-1-1	8-2-0-0	W2
NY Rangers	29	16	12	1	0	83	77	33	6-8-1-0	10-4-0-0	6-4-0-0	L1
Buffalo	28	11	13	4	0	70	76	26	5-8-1-0	6-5-3-0	5-4-1-0	L1
Ottawa	29	12	15	1	1	62	85	26	7-7-0-1	5-8-1-0	3-4-0-1	L1
Carolina	26	11	12	0	3	75	84	25	6-5-0-1	5-7-2-2	3-4-0-3	L1
Florida	27	12	15	0	0	70	73	24	6-5-0-0	6-10-0-0	3-7-0-0	L1
Toronto	27	10	13	2	2	61	81	24	7-5-2-1	3-8-0-1	4-5-1-0	L1
New Jersey	27	8	17	1	1	50	81	18	4-6-1-1	4-11-0-0	3-7-0-0	L3
NY Islanders	25	5	15	3	2	53	83	15	3-6-1-1	2-9-2-1	1-6-2-1	L3

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	26	17	6	2	1	88	70	37	10-3-1-1	7-3-1-0	5-3-2-0	L3
d-Dallas	26	16	8	0	2	69	69	34	10-3-0-1	6-5-1-0	7-1-0-2	L1
d-Vancouver	25	14	8	1	2	80	64	31	8-3-0-1	6-5-1-1	5-4-1-0	W1
Phoenix	26	13	7	4	2	74	72	32	5-3-2-2	8-4-2-0	7-2-0-1	W1
San Jose	27	14	9	4	0	83	77	32	7-4-2-0	7-5-2-0	4-5-1-0	W2
Nashville	27	13	8	4	2	68	70	32	5-1-3-2	8-7-1-0	5-2-1-2	W1
Chicago	29	15	12	1	1	90	84	32	7-9-0-0	8-4-1-1	7-3-0-0	W1
Columbus	26	15	10	0	1	70	71	31	7-7-0-1	8-3-0-0	5-4-0-1	W1
Anaheim	30	14	13	2	1	74	89	31	9-6-0-1	5-7-2-0	4-5-1-0	W1
Los Angeles	25	15	10	0	0	69	61	30	10-2-0-0	5-8-0-0	3-7-0-0	W2
St. Louis	26	13	9	2	2	67	72	30	8-2-0-1	5-7-2-1	4-5-1-0	W1
Colorado	27	13	10	4	0	94	86	30	7-4-1-0	6-6-3-0	4-3-3-0	L4
Minnesota	26	11	11	1	3	63	76	26	7-6-0-2	4-5-1-1	5-3-1-1	L5
Calgary	28	12	14	1	1	78	84	26	7-6-2-0	5-8-1-1	4-4-1-1	W1
Edmonton	27	10	12	4	2	74	96	25	4-6-1-2	6-6-2-2	6-2-0-2	L1

d – division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

San Jose 5 Philadelphia 4 (SO)	Montreal 4 Ottawa 1
Pittsburgh 5 Toronto 2	Tonight's games (All times Eastern)
Nashville 3 Detroit 2	N.Y. Islanders at Boston, 7 p.m.
Dallas at Chicago	San Jose at Buffalo, 7 p.m.
Anaheim at Vancouver	Philadelphia at Toronto, 7 p.m.
Tuesday's results	Florida at Washington, 7 p.m.
Anaheim 3 Edmonton 2 (SO)	N.Y. Rangers at Ottawa, 7:30 p.m.
Boston 3 Buffalo 2 (OT)	Columbus at St. Louis, 8 p.m.
Calgary 4 Tampa Bay 2	Minnesota at Phoenix, 9 p.m.
Florida 4 Colorado 3 (OT)	Calgary at Los Angeles, 10:30 p.m.

PENGUINS 5, LEAFS 2**First Period**

1. Pittsburgh, Crosby 25 (Kunitz, Cooke) 8:35
Penalties — Toronto bench (too many men; served by Kessel) 5:26, Crosby Pgh (roughing) 6:13, Asham Pgh (roughing) 12:49, Orr, Engelland Pgh (fighting) 15:47.

Second Period

2. Pittsburgh, Dupuis 7 (Kunitz) 11:38 (sh)
3. Pittsburgh, Letestu 5 (Kennedy, Connor) 13:13

4. Pittsburgh, Crosby 26 (Kunitz, Orpik) 14:46
Penalties — Toronto bench (too many men; served by Orr) 5:11, Adams Pgh (boarding) 10:25, Komisarek Tor, Asham Pgh (fighting) 16:03, Kessel Tor (slashing) 16:47, Versteeg Tor (slashing), Fleury Pgh (slashing; served by Conner) 19:44.

Third Period

5. Toronto, Bozak 4 (Kessel, Versteeg) 4:36 (pp)
6. Toronto, Grabovski 7 (Kaberle, Kulenin) 8:38
7. Pittsburgh, Letestu 6 (Kennedy, Goligoski) 17:06

Penalties — Komisarek Tor (roughing, fighting), Rupp Pgh (boarding, fighting) 3:03, Rosehill Tor (charging, fighting), Godard Pgh (instigator, fighting, misconduct), Crosby Pgh (cross-checking, roughing) 3:43, Cooke Pgh (tripping) 9:42.

Shots
Toronto 46, Pittsburgh 25
Pittsburgh 13 11 2 26

Goal — Toronto: Gustavsson (L4-B-2); Pittsburgh: Fleury (W13-6-1). Power plays (goals-chances) — Toronto: 1-6; Pittsburgh: 0-3. Attendance — 18,158 (10,087) at Pittsburgh.

LATE TUESDAY**DUCKS 3, OILERS 2 (SO)**

First Period — No scoring

Penalties Mara Ana (roughing) 3:31.
Second Period
1. Anaheim, Koivu 10 (Selanne, Fowler) 5:44
Penalties — Marchant Ana (hooking) 6:33, Vanerdeem Edm (boarding) 11:35, Whitney Edm (hooking) 17:10.
Third Period
2. Anaheim, Selanne 9 (Sutton, Koivu) 6:32
3. Edmonton, Jones 7 (Paijari, Edm) 10:29
4. Edmonton, Penner 9 (Foster, Gilbert) 13:39 (pp)
Yesterday's results
Barcelona 2 Rubin Kazan 0
Copenhagen 3 Panathinaikos 1
Group E
GP W D L GF GA PTS
x-Barcelona 6 4 2 0 14 3 14
x-Copenhagen 6 3 1 2 7 5 10
Rubin Kazan 6 1 3 2 2 4 6
Panathinaikos 6 0 2 4 2 13 2
Tuesday's results
Barcelona 2 Rubin Kazan 0
Copenhagen 3 Panathinaikos 1
Group F
GP W D L GF GA PTS
x-Bayern Munich 6 5 0 1 16 6 15
x-AS Roma 6 3 1 2 10 9 11
Basel 6 2 0 4 8 11 6
Cluj 6 1 1 4 6 12 4
Yesterday's results
Bayern Munich 3 Basel 0
Cluj 1 AS Roma 1
Group G
GP W D L GF GA PTS
x-Chelsea 6 5 0 1 14 4 15
x-Marseille 6 4 0 2 12 3 9
Spartak Moscow 6 3 0 3 7 10 7
Zilina 6 0 0 6 3 19 3
Yesterday's results
Marseille 1 Chelsea 0
Zilina 1 Spartak Moscow 2
Group H
GP W D L GF GA PTS
x-Shakhtar Donetsk 6 5 0 1 12 6 12
x-Arsenal 6 4 0 2 18 7 12
Braga 6 3 0 3 5 11 9
Partizan Belgrade 6 0 0 6 2 13 0
Yesterday's results
Arsenal 3 Partizan Belgrade 1
Shakhtar Donetsk 2 Braga 0
End of First Round

FIFA CLUB WORLD CUP**PLAYOFF**

At Abu Dhabi, United Arab Emirates

Yesterday's results

Al Wahda (United Arab Emirates) 3 Hekarai (Papua New Guinea) 0

Not including last night's games

SOCCER**EUROPEAN CHAMPIONS LEAGUE**

First Round
x – clinched berth in second round

THIRD-PLACE TEAMS ADVANCE TO EUROPA LEAGUE

(home teams listed first)

Group A
GP W D L GF GA PTS
x-Tottenham 6 3 2 1 18 11 11
x-Inter Milan 6 3 1 2 12 11 10
Twente 6 1 3 2 9 11 6
Werder Bremen 6 1 2 3 7 12 5
x – clinched berth in second round

Tuesday's results

Twente 3 Tottenham 3

Werder Bremen 3 Inter Milan 0

Group B
GP W D L GF GA PTS

x-Schalke 6 4 1 1 10 3 13
x-Lyon 6 3 1 2 11 10 10
Benfica 6 2 0 4 7 12 6
Hapoel Tel Aviv 6 1 2 3 7 10 5
x – clinched berth in second round

Tuesday's results

Benfica 2 Schalke 2

Lyon 2 Hapoel Tel Aviv 2

Group C
GP W D L GF GA PTS

x-Manchester Utd 6 4 2 0 7 1 11
x-Valetina 6 3 2 1 15 4 14
Glasgow Rangers 6 1 3 2 3 6 6
Buraspor 6 0 1 5 2 16 1
x – division leader

Last night's results

Boston 10 Denver 8

Chicago 8 Cleveland 8

New York 113 Toronto 110

Indiana at Milwaukee

Oklahoma City at Minnesota

Detroit at New Orleans

Golden State at San Antonio

Memphis at Phoenix

Miami at Utah

Washington at Sacramento

L.A. Lakers at L.A. Clippers

Tuesday's results

Barcelona 2 Rubin Kazan 0

Copenhagen 3 Panathinaikos 1

Group E
GP W D L GF GA PTS

x-Bayern Munich 6 5 0 1 16 6 15
x-AS Roma 6 3 1 2 10 9 11
Basel 6 2 0 4 8 11 6
Cluj 6 1 0 5 3 12 3
x – division leader

Yesterday's results

Marseille 1 Chelsea 0

Zilina 1 Spartak Moscow 2

Group G
GP W D L GF GA PTS

x-Shakhtar Donetsk 6 5 0 1 12 6 12
x-Arsenal 6 4 0 2 18 7 12
Braga 6 3 0 3 5 11 9
Partizan Belgrade 6 0 0 6 2 13 0
x – division leader

Yesterday's results

Shakhtar Donetsk 2 Braga 0

End of First Round

Not including last night's games

NBA**EASTERN CONFERENCE**

W L Pct GB

d-Boston 17 4 .810 —
d-Orlando 15 6 .714 2
Atlanta 15 8 .652 3
Miami 14 8 .636 3½
New York 14 9 .609 4
d-Chicago 12 8 .600 4½
Indiana 10 9 .526 6
Charlotte 8 13 .381 9
Toronto 8 14 .364 9½
Milwaukee 7 13 .350 9½
Philadelphia 7 14 .333 10
Cleveland 7 15 .318 10½
Detroit 7 15 .318 10½
Washington 6 14 .300 10½
New Jersey 6 16 .273 11½

WESTERN CONFERENCE

W L Pct GB

d-San Antonio 17 3 .850 —
d-Utah 16 6 .727 2
d-L.A. Lakers 15 6 .714 2½
New Orleans 13 7 .650 4
Oklahoma City 14 8 .636 4
Golden State 13 7 .620 4½
Portland 12 8 .597 5
Sacramento 11 9 .567 5½
Phoenix 10 10 .524 6½
Golden State 10 11 .476 7½
Portland 9 12 .453 8½
Utah 8 13 .381 9½
Memphis 8 14 .364 10
Minnesota 5 16 .238 12½
L.A. Clippers 5 17 .227 13
Sacramento 4 15 .211 12½

Last night's results

Boston 105 Denver 89

Chicago 88 Cleveland 83

New York 113 Toronto 110

Indiana at Milwaukee

Oklahoma City at Minnesota

Detroit at New Orleans

Golden State at San Antonio

Dallas at Phoenix

Portland at Phoenix

Orlando at Utah

Miami at Golden State

Atlanta at Golden State

Seattle at San Francisco

St. Louis at New Orleans

Kansas City at San Diego

Denver at Arizona

New England at Chicago

Miami at Atlanta

Philadelphia at Dallas

Monday's game

Baltimore at Houston

8:30 p.m.

SCORING LEADERS

G FG FT PTS AVG

Durant, OKC 18 157 155 494 27.4
Bryant, LAL 21 192 149 561 26.7
Stoudemire, NYK 22 206 139 556 25.3
Nowitzki, DAL 21 202 103 523 24.9
Rose, CHI 18 172 74 448 24.9
Ellis, GOL 21 201 89 521 24.8
Gordon, LAC 20 156 149 481 24.3
James, MIA 22 172 156 522 23.7
Westbrook, OKC 22 172 176 521 23.7
Anthony, DEN 20 157 127 455 22.8
Martin, HOU 21 130 165 470 22

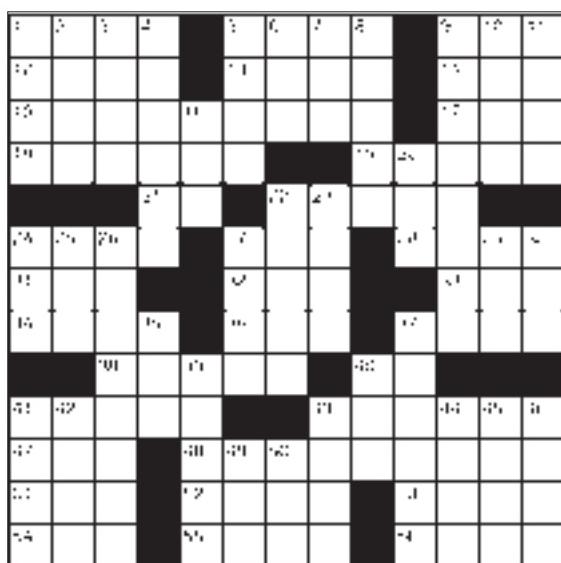
Crossword

Across

1 Minuscule bit
5 Lend an illegal hand
9 Eviscerate
12 Trademark symbol
13 Old Italian money
14 Spring mo.
15 Travel while campaigning
17 Fish eggs
18 Mono alternative
19 Minimal change
21 Yoked beast
22 Saw
24 "The Amazing —"
27 Bear hair
28 Pirates' quaff
31 Geological period
32 Anger
33 Mate of 37-Across
34 Predicate necessity
36 Legislation
37 Mate of 33-Across
38 Cancels out
40 "Forget it!"
43 "— Foolish Things"
43 One side of the Urals
47 Old garment
48 "Phoebe!"
51 Clay, today
52 Incite
53 On the briny
54 "Alulame" writer
55 "Desire Under the —"
56 Ollie's pal

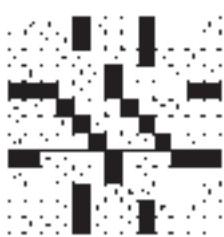
Down

1 Church vestments
2 Perfectly
3 Fairy tale baddie
4 Fifth President
5 Choir member



6 Story of a lifetime? 37 Heart lines?
7 Screw up 39 Sill
8 Florida city 40 Rapa — (Easter Island)
9 Accumulated 41 Snare
10 Informed about 42 Head light?
11 Deuce beater 43 Tackles' teammates
16 Gender 44 Brewer's kiln
20 Early bird? 45 Entreaty
22 Emanations 46 Vivacity
23 TV host Carey 49 You've got mail"
24 Gun the engine co.
25 Exist 50 Aries

► Yesterday's answer



Sudoku

5		2	9		6
9	8	1	3		
	8		9		
9	3	7	1		9
2					
3	5	6	4		
	6		7		
2	7	3	5		
4	6	8	1		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

7	9	1	4	2	3	8	5	6
2	8	3	7	6	5	9	1	4
4	5	6	8	1	9	2	7	3
5	1	7	6	9	8	3	2	4
3	2	4	1	5	7	6	8	9
8	6	9	2	3	4	5	1	7
1	3	5	8	4	2	7	6	8
9	4	8	5	7	6	1	3	2
6	7	2	3	8	1	9	4	5

Today's horoscope



For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20

Keep reminding yourself that all things are possible. The obstacles you encounter today are not there to stop you but to encourage you to climb higher.

♉ Taurus April 21-May 21 You'll feel a lot more confident about your prospects today, even though nothing much has actually changed. Maybe you can sense that it won't be long before a more positive and productive cycle begins.

♊ Gemini May 22-June 21 Try to deal with people who annoy you with courtesy. It may be easier to lose your temper, and you may have every reason to do so, but a more considerate approach will work wonders.

♋ Cancer June 22-July 22 Stay on top of your workload today. If you let things slide, you will find it difficult to catch up later. The best way to get things done and still have time to yourself is to delegate. Trust those with whom you work.

♌ Leo July 23-Aug. 23 Be assured that the efforts you make, both at home and at work, will pay off. It may seem as if you are putting yourself out for no gain, but important changes are taking place behind the scenes.

♍ Virgo Aug. 24- Sept. 22 It would appear that you are taking certain issues far too seriously. OK, so others may be behaving in ways that you do not approve of, but so what?

♎ Libra Sept. 23-Oct. 23 Resist the temptation to draw attention to something that is likely to embarrass a loved one or friend. It may be good for a laugh but it will be held against you. Be nice.

♏ Scorpio Oct. 24-Nov. 22 Money matters and business issues are good, but that does not mean you have the green light to get involved in something that clearly has unacceptable risks. Can you afford to lose a fortune?

♐ Sagittarius Nov. 23-Dec. 21 A dispute of some kind is likely today. But with any luck, it will be over as quickly as it started. Even without luck you are advised not to take it seriously.

♑ Capricorn Dec. 22-Jan. 20 You seem to be expecting too much of yourself and need to lower your sights. One of the reasons you are aiming so high is because you think you have to prove yourself to others. You don't.

♒ Aquarius Jan. 21-Feb. 18 Everyone is born with a special talent. If you don't know yet what yours is, it's about time you found out. What is it you do best? What is it that comes easiest to you?

♓ Pisces Feb. 19-March 20 If you stay calm while others are getting annoyed, you will make a big impression on employers and colleagues. Yes, you have leadership qualities.

● SALLY BROMPTON

Caption contest



You write it!
WIN!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



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